# PROSPECTUS



# JINNAH MEDICAL & DENTAL COLLEGE

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# S. M. Sohail Trust

S.M.Sohail Trust is named after a legal luminary of Karachi, who was an active participant in the freedom movement as President of Provincial Muslim League and President of Bihar Relief Fund. After 1947, he became Secretary of the Pakistan Bar Council, founding Managing Director of Karachi Co-operative Housing Union and Chairman Public Accounts Committee of West Pakistan Assembly. He was an ardent advocate of education and founded Sharfabad English School. His son, Professor Dr. Syed Tariq Sohail, an eminent Psychiatrist, Educationist and Civil Society Activist, inherited Mr. S. M. Sohail's passion for education. He established S.M. Sohail Trust in 1996, which owns Jinnah Medical and Dental College and the attached teaching Hospitals: Sohail Trust Hospital, Medicare Dental Hospital and Medicare Cardiac & General Hospital.

#### **MEDICARE SCHOOL OF NURSING**

In 1997, the Trust established the School of Nursing at Medicare Hospital, which has consistently shown good results in board examinations.

#### JINNAH MEDICAL & DENTAL COLLEGE

In 1998, the Trust established Jinnah Medical College, admitting its first batch of MBBS students. In 1999, Jinnah College of Dentistry was opened and admitted its first batch of BDS students.

#### **MEDICARE DENTAL HOSPITAL**

The Trust established Medicare Dental Hospital in 2000.

#### **SOHAIL TRUST HOSPITAL**

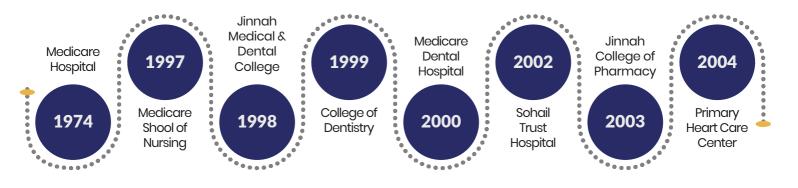
The Trust built a teaching Hospital in the Korangi Industrial Area for low-income residents. This not-for-profit Hospital is ideal for training of undergraduate and postgraduate students. The STH Outpatient Department opened to the public in 2002. Inpatient services were available from April 2003.

#### MEDICARE CARDIAC & GENERAL HOSPITAL

A state of the art teaching Hospital at Shaheed-e-Millat Campus. The Hospital provides the entire range of cardiovascular and surgery services, including 24-hour Emergency, Angiography, Angioplasty and Cardiac Surgery with ICU and CCU. This provides a new dimension for teaching undergraduate and postgraduate students as they have the privilege of being exposed to a modern, high-tech hospital in the heart of the city.

#### SOHAIL UNIVERSITY

Sohail University was established under the auspices of S.M. Sohail Trust through a bill passed by the Provincial Assembly of Sindh under the Sohail University Act 2017, Sindh Act No: XIII of 2018 on May 9, 2018. History





# Vision of Founding Principal, Professor Dr Zaki Hasan

The decision taken by the Trust to establish a new medical college was based on its desire to raise the standards of medical education in Pakistan. Conscious that a high level of professional competence has to be attained by medical students, the Trust planned a system of instruction in which the emphasis is on interactive, small group tutorials, problem-based and community-based learning, relevant to our particular culture.

As the world is shrinking rapidly, Jinnah Medical and Dental College students are encouraged to keep abreast of the latest developments in the medical sciences. Other vital aspects of education, too often ignored by medical educationists are emphasized to include cominunication skills, language skills and courses in humanities. As part of the curriculum, students will also be trained to write and speak effectively, giving them the confidence to pursue graduate studies and participate effectively in seminars and conferences at national and international levels. The College desires its' students to develop leadership qualities and a team spirit.

Admission procedure is stringent. The aim is to ensure that students who graduate from Jinnah Medical and Dental College are competent, contributing members of society. They must acquire necessary health care and management skills and be effective communicators and decision makers. Jinnah Medical and Dental College focuses on developing values and sensitivities of a good practitioner producing graduates who are distinguishable from the rest.

The strategy for fulfilling this Mission is based on student-teacher interaction, community-based instruction, and further support in the form of a good library, audio-visual aids, skills laboratory, computerassisted learning and an active humanities department.



# Board Of Governors

Dr. Syed Tariq Sohail	Managing Trustee, S.M. Sohail Trust Consultant Psychiatrist Former Federal Health Advisor	
Mr. Taj Haider	Member	
Mr. Rafique Bhimjee	Member	
Dr. Zahra Hasan	Member	
Mrs. Ghazala Tariq Sohail	Member	
Mr. Syed Adnan Tariq Sohail	Member	
Mr. Syed Bulent Sohail	Member	
Ms. Syeda Maham Sohail	Member	
Mr. Abdus Samad	Member	

#### VISION

To set local and global standards for quality patient outcomes – creating a culture of excellence to promote a transformative experience for the 21st century clinicians, educators and researchers to benefit all humanity.

#### MISSION

We are committed to develop well-rounded academicians, thinkers, clinicians and researchers by strengthening a global view, broadening intellectual foundations and teaching effective communication. It is our aspiration to cultivate creative and critical thinking skills for problem solving, sensitive to cultural and ethical values and responsibilities. Our graduates are role models and society leaders.

#### **PROGRAM OBJECTIVES**

JMDC's program curriculum conforms to the regulations and recommendations of the Pakistan Medical Commission and is designed to integrate academic knowledge and clinical experience which emphasize the following goals:

- Help students acquire relevant knowledge
- Develop student communication skills, both oral and written
- Promote team work
- Instill compassion and empathy
- Uphold Professionalism



#### **LEARNING OUTCOMES**

A JMDC graduate should be able to:

- Develop insight and curiosity for acquiring contemporary knowledge and skills
- Differentiate and act according to the critical and noncritical conditions
- Display effective communication both written and verbal
- Answer complex questions faced by physicians
- Take ownership of defined population and promotion of social justice
- Develop moral reasoning for professional and ethical dilemmas
- Address health system issues with evidence-based research including demography, statistics, epidemiology and cultural nuances
- Act as a responsible leaders and competent researchers for the community and country

### Values For Our Medical & Dental Graduates

- Display enlightenment and moral virtues to prepare themselves for life and work in a problematic changing and diverse world
- Be responsible leader for the good of themselves, their family
- Be humane and socially equipped individuals, in tune with rights of patients and vulnerable groups
- Show expertise in critical situational analysis
- Respect diversity
- Display effective communication
- Be able address population health and health system issues based on demography, statistics, epidemiology and cultural nuances



#### **SCHOLARSHIP POLICY**

- Meritorious, deserving students can apply for scholarships at the beginning of each Academic Year. Orphans requiring financial assistance may be awarded up to 50% scholarship on their tuition fees. Students with high Academic Merit, Financial Need or high achievement in Sports/Extra-Curricular Activities may be considered for scholarship at the time of admission.
- Students applying after First Year must be in Good Standing to be eligible to apply. To be in Good Standing, students must attain a minimum of 80% attendance and have passed all examinations in the previous year's Academic Session. To be deserving, students must demonstrate financial need. Financial Need may be ascertained during a Household Interview using a Financial Evaluation Interview Performa. Copies of Tax returns or Wealth Statement may also be required.
- Scholarship applications can be downloaded from the website or obtained from the Student Affairs Office. Deadline for scholarship applications is the last day of the Second Week of classes of each Academic Year. Students receiving a scholarship must re-apply each year for renewal of the scholarship. Scholarships will be awarded on an annual basis at the beginning of each Academic Year.
- Renewal and awarding of new scholarships will depend on the previous year's academic record and attendance. Decisions will be based on meeting the Good Standing requirements as noted above and continuing to demonstrate financial need. Students not meeting the basic requirements of their scholarship may have the scholarship reduced or revoked. A reduction of up to 20% in the scholarship isrecommended if the student has failed any Internal or Midterm Examinations. A reduction of up to 50% is recommended if the student has not maintained the required attendance or failed any courses in the previous Academic Year.
- Cash Awards will be given to the top three students with the highest Academic Marks at the end of each Academic Year. Results of Resits will not be included for Class Rankings.

#### **PROGRAMS OFFERED**

Bachelor of Medicine, Bachelor of Surgery (MBBS) – Affiliated with JSMU Bachelor of Dental Surgery (BDS) – Affiliated with JSMU Docter of Physical Therapy (DPT) – Affiliated with JSMU FCPS Part II Training – Affiliated with CPSP

- Surgery
- Medicine
- Obstetrics & Gynecology
- Pediatrics

#### **ADMISSION CRITERIA**

Admissions process including eligibility requirements for MBBS and BDS programs is conducted as per PMC/PMDC directives. Please check our website for more details:

- Admission Policy
- Academic Policies
- Admission Procedure



# **MBBS**

### **COURSE OUTLINE**

**Duration:** MBBS (5 Years) followed by One-Year House Job to maintain PMC/PMDC registration

JMDC is affiliated with JSMU and follows an Annual Examination system using a Modular, Integrated, Spiral Curriculum

#### **BASIC SCIENCES**

- Anatomy
- Biochemistry
- Pharmacology
- Pathology & Microbiology
- Forensic Medicine
- Community Medicine

#### **CLINICAL SCIENCES**

- Medicine & Allied
- Surgery & Allied
- Otolaryngology
- Ophthalmology
- Obstetrics & Gynecology
- Pediatrics

#### **SOCIAL SCIENCES**

- Professional Communication
- Behavioral Sciences
- Medical Ethics

#### **RESEARCH SCIENCES**

- Biostatistics
- Evidence Based Practices
- Epidemiology Journal Club

### Research Project

For more information visit our website. www.jmc.edu.pk/mbbs

### **MBBS**

### MODULES

- Foundation & Cell I, II
- Blood I, II
- Locomotor I, II
- Repiratory I, II
- Cardiovascular I, II
- GIT & Hepatobiliary System I, II
- Renal & Excretory I, II
- Neurosciences I, II
- Head & Neck, Special Senses
- Endocrine I, II
- Reproductive I, II
- ENT
- Ophathamology
- Orthopedics
- Psychiatry
- Rehabilitation
- Dermatology

Skills Labs Clinico-Pathological Conference (CPC) Clinical Wards



# BDS

#### **COURSE OUTLINE**

Duration: BDS (4 Years) followed by One-Year House Job to maintain PMC/PMDC registration

JMDC is affiliated with JSMU and follows an Annual Examination System.

FIRST YEAR	THIRD YEAR
<ul> <li>Anatomy</li> <li>Biochemistry</li> <li>Physioology</li> <li>Oral Biology</li> <li>Professional Communication</li> </ul>	<ul> <li>Oral Pathology</li> <li>Oral Medicine / Periodontology</li> <li>General Surgery</li> <li>General Medicine</li> </ul>
SECOND YEAR	FOURTH YEAR
<ul> <li>Pathology</li> <li>Pharmacology</li> <li>Science of Dental Materials</li> <li>Community Dentistry</li> </ul>	<ul> <li>Oral Surgery</li> <li>Operative Dentistry</li> <li>Prosthodontics</li> <li>Orthodontics</li> </ul>

For more information visit our website. www.jmc.edu.pk/bds

# **Eligibility Criteria for Professional Exams**

### Eligibility for sitting in Professional Examinations is as follows:

- •75% overall Class Attendance
  - ·Lectures, Tutorials, Practicals given equal weightage
  - •Principal may condone up to 10% shortage based on Internal Assessment
- •75% Attendance all Clinical Wards with passing marks in all Clinical Ward Tests.
- Minimum 40% aggregate marks on all Internal Examinations
   Module Tests, Midterm, Pre-Professional Examinations
- MBBS/BDS 1st Year : Complete all Professional Communication assignments with passing marks
- MBBS 1st & 2nd Year : Obtain passing marks in Behavioral Sciences & Research Module assessments
- MBBS 2nd Year : Presentation in Journal club at least twice in a year
- MBBS 4th & Final Year : CPC Presentation at least once in a year
- Skills Labs: Must be completed with passing marks
- Research Paper must be completed before sitting MBBS Final Professional Examination

### Failure to Meet Eligibility Requirements:

- Will not be allowed to sit in 1st attempt of Professional Examination.
- Will be allowed to sit in the re-take. BUT only if all deficiencies of eligibility criteria for professional examination (excluding deficiency of class attendance and deficiency of aggregate marks) have been met.
- There will be no extra chances to make up class attendance, so students must attend the regularly scheduled classes
- If a student does not appear for an examination due to short attendance, illness, family emergency or any other reason, the missed attempt is counted as a failed chance.
- Marks of Internal Examinations are sent to JSMU to include as 20% of each professional examination score. If a student misses any part of an Internal Examination, there is no extra chance for make up and 0/20 marks will be sent to JSMU for that component in which the student was absent.

# Activities & Facilities

#### **ASSESSMENT & PROMOTION**

JMDC follows rules and regulations as set by JSMU & PMC/PMDC for assessment & promotion

#### **FACILITIES**

- Student Affairs Department
- Auditorium
- Lecture Halls & Seminar Rooms
- Museums
- Laboratory & Skill Lab
- Cafeteria
- Library

### **ATTACHED HOSPITALS**

- Sohail Trust Hospital
- Medicare Dental Hospital
- Medicare Cardiac & General Hospital
- LRBT Eye Hospital

#### **ACADEMIC POLICES**

www.jmc.edu.pk/academic-policies

### **EXTRA CURRICULAR ACTIVITY**

www.jmc.edu.pk/extra-curricular -activity



# JINNAH COLLEGE OF PHYSICAL THERAPY

Jinnah College of Physical Therapy (JCPT) was established in 2018 to provide quality education in an environment which focuses on problem solving and concept development. Exposure to in-depth knowledge of basic and clinical sciences relevant to rehabilitation will prepare competent professionals who fulfill their professional responsibilities as well as serve the community with devotion and excellence. JCPT is affiliated with Jinnah Sindh Medical University (JSMU).

#### VISION

To be a recognized center of excellence in the field of physical therapy, to discover new knowledge, and prepare highly skilled and caring physical therapists to serve the needs of our National and International communities with devotion and excellence.

#### **MISSION**

To pursue academic excellence in preparing competent physical therapists through innovative high-quality clinical teaching programs, with continuous improvement of quality standard at par with international standards, fostering evidence-based health care research and promoting values of learning, leadership, service and public engagement.

#### PROGRAM

DPT Doctor of Physical Therapy DURATION 5 Years (10 Semesters) followed by one year house job

# JINNAH COLLEGE OF PHYSICAL THERAPY

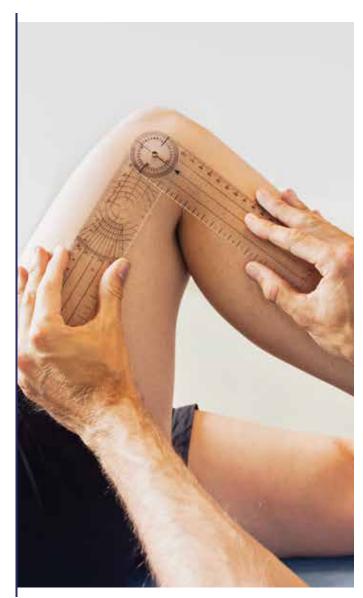
#### INTRODUCTION

Physical Therapy, a "science of healing and art of caring," is an essential segment of a modern health care system. A DPT graduate can perform clinical examinations, evaluation, assessment, diagnosis and treatment of Musculoskeletal, Neurological, Cardiovascular and Respiratory System disorders. DPT program follows Higher Education Commission (HEC) recognized curriculum.

#### **PROGRAM OBJECTIVES**

Graduates of the DPT program will:

- Demonstrate in-depth knowledge of basic and clinical sciences relevant to physical therapy,
- Understand, correlate and apply theoretical foundations of knowledge to the practice of physical therapy; evaluate and clarify new or evolving theories relevant to physical therapy.
- Demonstrate behaviors of a scholarly clinician by developing and utilizing the process of critical thinking and inquiry, particularly focused on improvement of the practice of physical therapy and delivery of health care.
- Engage in reflective practice through sound clinical decision making, critical self-assessment and commitment to lifelong learning.
- Demonstrate mastery of entry level professional clinical skills. Provision of these services is based on the best available evidence and includes physical therapy examination, evaluation, diagnosis, prognosis, intervention, prevention activities, wellness initiatives and appropriate health care utilization.
- Be prepared to influence development of human health care regulations and policies that are consistent with the needs of patients and society.
- Demonstrate leadership, management, and communication skills to effectively participate in physical therapy practice as part of a health care team.
- Incorporate and demonstrate positive attitudes and behaviors to all persons without discrimination.
- Demonstrate the professional and social skills required to adapt to changing health care environments to effectively provide physical therapy care.



# JINNAH COLLEGE OF PHYSICAL THERAPY

#### **ADMISSION CRITERIA**

- Minimum 60% marks in HSC Pre-Medical (or O/ A level Foreign High School equivalent)
- Equivalence as determined by the Inter Board Committee of Chairmen (IBCC) is required for all non-Pakistan Boards of Education (www.ibcc.edu.pk)
- Qualify Aptitude Test & Interview

### WHY CHOOSE JINNAH COLLEGE OF PHYSICAL THERAPY FOR DPT

- Jinnah College of Physical Therapy (JCPT) is located in the heart of Karachi.
- Medicare Cardiac & General Hospital (MCGH), Jinnah Medical & Dental College (JMDC) and Jinnah College Of Rehabilitation Sciences (JCPT) are located at the same campus.
- MCGH is a state-of-the-art multidisciplinary hospital with an advanced Physiotherapy Center. Students have a practical and advanced learning environment on the campus.
- Advanced and up to date computer labs and skills labs are available.
- Students are supported with exemplary academics and extracurricular activities.

### **CAREER PROSPECTS**

- Practice in clinical or hospital settings as well as provide home based physical therapy services.
- Pursue higher education in MS/MPhil/PhD
- Pursue a career in clinical practice, academics (teaching) or research.
- Examine patients and develop a plan of care that promotes movement, reduces pain, restores function, and prevents disability
- Consult in specialized areas such as musculoskeletal, neuromuscular, cardiopulmonary, integumentary, sports, geriatric, pediatrics, obstetrics and gynecological physical therapy.



# **DPT COURSES**

#### **BASIC SCIENCES**

- Anatomy
- Physiology
- Kinesiology
- Biomechanics & Ergonomics
- Biochemistry
- Pharmacology & Therapeutics
- Pathology & Microbiology
- Introduction to Computer
- Medical Physics
- Molecular Biology & Genetics
- Exercise Physiology

#### **General Courses**

- English
- Pakistan Studies
- Islamic Studies/Ethics

### **SOCIAL SCIENCES**

- Sociology
- Behavioral Sciences

### **RESEARCH SCIENCES**

- Biostatistics
- Evidence Based Practice
- Scientific Inquiry & Research Methodology
   Research Project

### **CLINICAL SCIENCES**

- Health & Wellness
- Medicine
- Surgery
- Radiology & Diagnostic Imaging
- Physical Agents & Electrotherapy
- Therapeutic Exercises & Techniques
- Manual Therapy
- Emergency Procedures & Primary Care in Physical Therapy
- Professional Practice
- Clinical Decision Making & Differential Diagnosis
- Prosthetics & Orthotics
- Community Medicine & Rehabilitation
- Musculoskeletal Physical Therapy
- Neurological Physical Therapy
- Cardiopulmonary Physical Therapy
- Integumentary Physical Therapy
- Obstetrics & Gynecological Physical Therapy
- Pediatric Physical Therapy
- Gerontology & Geriatric Physical Therapy
- Sports Physical Therapy
   Supervised Clinical Practice

For more information visit our website. www.jmc.edu.pk/dpt

# Activities & Facilities

#### FACILITIES

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- Museums
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### **EXTRA CURRICULAR ACTIVITY**

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