

Jinnah Medical & Dental College
MBBS 2 (Batch 27) - 2025
ENDOCRINE MODULE – WEEK 1

Venue: LH 002

MON Sept 1	9:00-9:50 BIOCHEMISTRY Hormone Introduction Dr. Shaista	9:55-10:45 ANATOMY Overview Endocrine Glands Prof. Meesam		11:15-12:05 PHYSIOLOGY Endocrinology Introduction: Control & Feedback Dr. Rozeena	12:10-1:00 MEDICAL EDUCATION Review Urinary Module Dr. Sara Rafique	LUNCH	SELF STUDY / EXTRA CURRICULAR ACTIVITIES	1:30-2:20 PAKISTAN STUDIES Mr. Zahid 26	2:20-3:00 SELF STUDY
TUES Sept 2	9:00-9:50 BIOCHEMISTRY Hypothalamic Hormones Dr. Rubina	9:55-10:45 ANATOMY Pituitary Gland: Gross & Development Prof. Baqir		11:15-12:05 BIOCHEMISTRY Anterior Pituitary: Growth Hormone Dr. Shaista	12:10-1:00 PHYSIOLOGY Hypothalamus & Anterior Pituitary Hormone & GH Dr. Rozeena	LUNCH		1:30-3:00 SELF STUDY	
WED Sept 3	9:00-9:50 BIOCHEMISTRY Anterior Pituitary: Other Pituitary Hormones Dr. Shahid	9:55-10:45 ANATOMY Pituitary Gland: Microscopic Anatomy Dr. Nadia		11:15-12:45 JOURNAL CLUB Dr. Alina				1:30-3:00 PBL 1.1 A: AM2 D: Histo Lab B: TR2 E: TR5 C: TR4 F: LH002	
THUR Sept 4	9:00-9:50 PHYSIOLOGY Growth Hormone Functions & Associated Disorders Dr. Rozeena	9:55-10:45 BIOCHEMINISTRY Posterior Pituitary Hormones Dr. Rubina		11:15-12:05 BEHAVIORAL SCIENCES Lifestyle & Health: Stress I Mrs. Debra Lobo	12:10-1:00 PHYSIOLOGY Posterior Pituitary Hormones & Disorders Dr. Rozeena	LUNCH		1:30-3:00 PBL 1.2 A: AM2 D: Histo Lab B: TR2 E: TR5 C: TR4 F: LH002	
FRI Sept 5	9:00-9:50 BIOCHEMISTRY Thyroid Hormones Dr. Shaista	PBL 1.3 Post PBL Session Biochemistry		11:15-12:45 BIOCHEMISTRY PRACTICAL Thyroid Function Tests ABC-BIOCHEM LAB D: TR4-Physiology Tutorial 1 E: TR2-Biochemistry Tutorial 1 F: Skills Lab-Patient Approach-Psych			PRAYER	2:00-3:00 PHYSICAL TRAINING LH002	

Jinnah Medical & Dental College
MBBS 2 (Batch 27) - 2025
ENDOCRINE MODULE – WEEK 2

Venue: LH 002

MON Sept 8	9:00-9:50 ANATOMY Thyroid & Parathyroid Glands: Gross & Histology Dr. Sahrish	9:55-10:45 PHYSIOLOGY Thyroid Hormone Function & Disorders Dr. Sara		11:15-12:05 BIOCHEMISTRY Parathyroid Hormone: Serum Calcium Regulation Dr. Shaista	12:10-1:00 PHYSIOLOGY Parathyroid & Calcitonin Hormones I Dr. Sara	LUNCH	SELF STUDY / EXTRA CURRICULAR ACTIVITIES	1:30-2:20 PAKISTAN STUDIES Mr. Zahid 27	2:20-3:00 SELF STUDY
TUES Sept 9	9:00-9:50 PHYSIOLOGY Parathyroid & Calcitonin Hormones II Dr. Sara	9:55-10:45 ANATOMY Pancreas: Development & Histology Prof. Baqir		11:15-12:05 BEHAVIORAL SCIENCES Lifestyle & Health: Stress II Mrs. Debra Lobo	12:10-1:00 BIOCHEMISTRY Pancreatic Hormones Dr. Shahid			1:30-3:00 BIOCHEMISTRY PRACTICAL Thyroid Function Tests DEF-BIOCHEM LAB A: TR2-Physiology Tutorial 1 B: TR4-Biochemistry Tutorial 1 C: Skills Lab- Patient Approach-Psych	
WED Sept 10	9:00-9:50 PHYSIOLOGY Pancreatic Hormones I Prof. Alina	9:55-10:45 BIOCHEMISTRY Blood Glucose Regulation Dr. Shahid		11:15-12:45 JOURNAL CLUB Dr. Alina				1:30-3:00 BIOCHEMISTRY PRACTICAL Glucometer Blood Glucose Estimation ABC-BIOCHEM LAB D: TR1-Biochemistry Tutorial 1 E: Skills Lab-- Patient Approach-Psych F: TR4-Physiology Tutorial 1	
THUR Sept 11	9:00-9:50 PHYSIOLOGY Pancreatic Hormones II Prof. Alina	9:55-10:45 BEHAVIORAL SCIENCES Lifestyle & Health: Coping with Stressors Mrs. Debra Lobo		11:15-12:05 BIOCHEMISTRY Diabetes Mellitus & Complications Dr. Shahid	12:10-1:00 ANATOMY Adrenal Gland: Gross & Histology Dr. Sahrish	LUNCH		1:30-3:00 BIOCHEMISTRY PRACTICAL Glucometer Blood Glucose Estimation DEF-BIOCHEM LAB A: AM2-Biochemistry Tutorial 1 B: Skills Lab - Patient Approach-Psych C: TR4-Physiology Tutorial 1	
FRI Sept 12	9:00-10:30 BIOCHEMISTRY Adrenal Cortex: Glucocorticoids Dr. Shaista	9:55-10:45 PHYSIOLOGY Adrenal Cortex: Glucocorticoids Functions Dr. Rozeena		11:15-12:45 A: Skills Lab- Patient Approach-Psych B: TR1-Physiology Tutorial 1 C: TR5-Biochemistry Tutorial 1 D: Histo Lab-Anatomy Tutorial 1 E: TR2-Physiology Tutorial 1 F: LH002-Biochemistry Tutorial 1			PRAYER	2:00-3:00 PHYSICAL TRAINING LH002	

ENDOCRINE MODULE – WEEK 3

Venue: LH002

ENDOCRINE MODULE TEST									
MON Sept 15	9:00-9:50 ANATOMY Adrenal Gland, Thyroid & Parathyroid: Development & Anomalies Prof. Meesam	9:55-10:45 BIOCHEMISTRY Adrenal Cortex: Mineralcorticoids Dr. Rubina		11:15-12:45 ANATOMY PRACTICAL Microscopic Anatomy ABC – HISTOLOGY LAB-Dr. Maniya D: TR1-Biochemistry Tutorial 2 E: TR2-Biochemistry Tutorial 2 F: TR4-Biochemistry Tutorial 2		LUNCH	SELF STUDY / EXTRA CURRICULAR ACTIVITIES	1:30-2:20 PAKISTAN STUDIES Mr. Zahid 28	2:20-3:00 SELF STUDY
TUES Sept 16	9:00-9:50 PHYSIOLOGY Adrenal Cortex: Mineralcorticoids Functions Dr. Rozeena	9:55-10:45 BIOCHEMISTRY Adrenal Medullary Hormones Dr. Rubina		BIOCHEMISTRY PRACTICAL Oral Glucose Tolerance Test DEF-Biochem LAB A: AM2-Anatomy Tutorial 1 B: TR1-Physiology Tutorial 2 C: TR2-Biochemistry Tutorial 3				1:30-3:00 ANATOMY PRACTICAL Microscopic Anatomy DEF – HISTOLOGY LAB -Dr. Maniya A: TR1-Biochemistry Tutorial 2 B: TR2-Biochemistry Tutorial 2 C: TR4-Biochemistry Tutorial 2	
WED Sept 17	9:00-9:50 PHYSIOLOGY Adrenal Medulla: Secretion, Function & Disorders Prof. Alina	9:55-10:45 SELF STUDY		11:15-12:45 JOURNAL CLUB Dr. Alina				BIOCHEMISTRY PRACTICAL (1:30-3:00) Oral Glucose Tolerance Test ABC-Biochem LAB D: Skills Lab-Patient Approach-Pasych E: AM2-Physiology Tutorial 2 F: TR4-Biochemistry Tutorial 3	
THUR Sept 18	9:00-10:30 A: TR4-Biochemistry Tutorial 3 B: TR5-Biochemistry Tutorial 3 C: AM2-Anatomy Tutorial 1 D: Physio Lab-Physiology Tutorial 2 E: Histo Lab-Anatomy Tutorial 1 F: LH002-Physiology Tutorial 2			11:15-12:45 A: Physio Lab-Physiology Tutorial 2 B: AM2-Anatomy Tutorial 1 C: LH002-Physiology Tutorial 2 D: TR5-Biochemistry Tutorial 3 E: TR4-Biochemistry Tutorial 3 F: Histo Lab-Anatomy Tutorial 1		LUNCH		1:30-3:00 SELF STUDY	
FRI Sept 19	9:00-10:30 SELF STUDY			11:15-12:05 SELF STUDY	12:10-1:00 SELF STUDY			PRAYER	2:00-3:00 PHYSICAL TRAINING LH002
	ENDOCRINE MODULE TEST SEPTEMBER 22 & 23, 2025								