

Jinnah Medical & Dental College

Study Guide

SURGERY



MBBS 2025-26 There are no incurable diseases —
Only the lack of will
There are no worthless herbsOnly the lack of knowledge

Team Members of Surgery 2025-26

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INTRODUCTION

Assalam – o – Alaikum and a very warm welcome to medical students in the surgery. This study guide of surgery has been developed to impart integrated teaching as a part of modular curriculum in Jinnah Medical and Dental College, Karachi. It will be covered in 3 years. This study guide will be focusing on core subject of surgery for undergraduate students of MBBS program.

The students will be provided with the information regarding common conditions and diseases in relation with the underlying diagnosis and therapy, with the emphasis on the science underlying imaging of gastrointestinal tract, urology, orthopedics and neurosurgery. The students will acquire understanding of the principles of management as applied to the gastrointestinal tract and liver, orthopedics, urology and neurosurgery.

RATIONALE

Multiple teaching modalities will be employed to solidify and integrate knowledge of basic sciences with clinical problem solving, and further hone the decision-making skills of students.

GENERAL LEARNING OBJECTIVES

By the end of the Surgery rotation, students will be able to:

- Describe the basic principles of Surgery in relation to diagnosis and management.
- Discuss the anatomy of gastrointestinal tract & liver, bones and joints, urinary tract system.
- Demonstrate knowledge of the structural, functional, and congenital abnormalities, inflammatory pathology and neoplastic diseases of GIT & liver, urogenital system and vascular system.
- Recognize the modalities available and their indications to image the GIT, UGS, NS and Trauma victims.
- List differential diagnosis for GIT disorders.
- List differential diagnosis for urogenital system.
- Formulate a management plan.
- Demonstrate knowledge of the various mechanism of trauma, diagnostic modalities and management protocols.
- Discuss the developmental and acquired causes of different external and internal hernias and their management.



JMDC CURRICULUM SEQUENCE: MBBS 1-5 YEARS

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MAIN CONTENT AREAS

BASIC PRINCIPLES

- 1. Metabolic response to surgery
- 2. Shock and blood transfusions
- 3. Wounds healing & tissue repair
- 4. Tissue engineering & regeneration
- 5. Surgical infection
- 6. Tropical infections & infestations
- 7. Basic surgical skill & anastomoses
- 8. Principals of Laparoscopic & Robotic surgery
- 9. Principle of Pediatrics Surgery
- 10. Principles of oncology
- 11. Surgical audit & research
- 12. Surgical ethics & Law
- 13. Human factors, Patient safety & Quality improvement
- 14. Diagnostic imaging
- 15. Tissue & Molecular diagnosis
- 16. Preoperative care including High risk surgical patients
- 17. Anesthesia & pain relief
- 18. Nutrition & fluid therapy
- 19. Post-operative care
- 20. Day care surgery
- 21. Trauma
- 22. Early assessment & management of severe trauma
- 23. Traumatic brain injury
- 24. Neck & spine
- 25. Torso Trauma
- 26. Skin & Subcutaneous tissue
- 27. Burns
- 28. Plastic & reconstructive surgery
- 29. The Thyroid gland
- 30. The parathyroid gland
- 31. The adrenal glands & other abdominal endocrine disorders
- 32. Breast
- 33. Arterial disorders
- 34. Venous disorders
- 35. Lymphatic disorders

GIT& HEPATOBILIARY TRACT

- 1. Abdominal wall, Hernia & Umbilicus
- 2. The Peritoneum, Omentum, Mesentery & Retroperitoneal Space
- 3. The Esophagus
- 4. Stomach & Duodenum
- 5. Bariatric & Metabolic surgery
- 6. The Liver
- 7. The Spleen
- 8. The Gall bladder & Bile ducts
- 9. The Pancreas
- 10. The Small intestine
- 11. The large intestine
- 12. Intestinal Obstruction
- 13. The rectum
- 14. Anus & Anal Canal

UROLOGY

- 1. Urinary symptoms & Investigations
- 2. Kidneys & Ureter
- 3. The Urinary Bladder
- 4. Prostate & Seminal Vesicle
- 5. The urethra
- 6. Testis & Scrotum
- 7. Foleys catheterization

ORTHOPEDICS

- 1. Fracture
- 2. Musculoskeletal diseases
- 3. Trauma
- 4. Back pain
- 5. Bone Tumors

NEUROSURGERY

- 1. Introduction of Neuro critical care
- 2. Congenital disorders of CNS: Neural tube defect
- 3. Hydrocephalus & its management
- 4. Traumatic spinal cord injury
- 5. Raised intracranial pressure (ICP)
- 6. Brain tumors
- 7. Spinal tumors

Competencies Assessed in This Module:

K=Knowledge

S=Skill

A=Attitude

TEACHING / LEARNING METHODS

The teaching learning sessions of the final year will be of diverse types:

- a. Large group interactive sessions (LGIS)
- b. Small group teaching will include tutorials, case based learning session. (SGD)
- c. Problem based learning sessions. (PBL)
- d. Case based discussions (CBD)
- e. Practical session
- f. Clinical Rotations
- g. Bedside Teaching
- h. Clinical rotations at STH and MCJH
- i. Skill laboratories
- j. Seminars: on different topics, in which students will make oral presentations on different aspects of the allocated topic.
- k. Self-directed learning sessions: This is the time during which students are expected to revise what they have learnt in the class, clear their concepts by consulting different textbooks, reference material and prepare their assignments and projects.

STUDENTS ASSESSMENT:

There is continuous assessment of students throughout the year in the form of Mini CEX (Mini

Clinical Evaluation Exercise) and **DOPS** (Direct Observation of Procedural Skill).

4 to 6 sessions for each of the student take place.

In addition, there will be **End of ward** examination after completion of clinical rotation in surgery

ward which will comprise the following components: -

i. Written Assessment:

The theory paper will have components of one – best type multiple – choice questions (MCQs).

ii. OSCE examination:

This will comprise Objective Structured Practical Examination (OSCE) The OSCE will have both

observed and non-observed stations. The end of rotation written exam will be of 2 hours duration.

This will comprise the following components:

The OSCE will be conducted in batches. The students will be having different patterns of OSCE

in the subject's surgery.

Summary of marks of each module exam:

Theory (BCQs) = 100 marks

OSCE (10 stations) = 100 marks

Total = 200marks

9

INTERNAL ASSESSMENT:

- Continuous monitoring of attendance and practical assessment in short groups.
- It may be in the form of MCQs and OSCE.
- Internal assessment carries 20% weightage.

COURSE EVALUATION:

Course evaluation will be obtained through a feedback form which will be posted on the JMDC website.

MANDATORY POLICY:

Eligibility for sitting in Professional Examinations is as follows:

- 75% overall Class Attendance.
- 75% Attendance all Clinical Wards with passing marks in all Clinical Ward Tests.
- Minimum 40% aggregate marks on all Internal Examinations (Module Tests, Midterm, Pre-Professional Examinations).
- MBBS 4th& Final Year: CPC Presentation at least once in a year.
- Skills Labs: Must be completed with passing marks.

Failure to Meet the Eligibility Requirements:

- A Student failing to meet the above listed eligibility for sitting in the professional examination will NOT be allowed to sit in 1st attempt of the Professional Examination. The college has the right to withhold all students who however, not met the eligibility requirements from sitting in the 1st attempt.
- Such students who have been withheld from sitting in the 1st attempt of the Professional exam because of failure to meet the eligibility requirements will be allowed only to sit in the retake of that examination.

It is expected that deficiency in requirements of Professional communication assignments, Behavioral Sciences & Research Module assessments, journal Club presentations, CPC, Skills Labs must be made up and fulfilled before a student will allowed to sit in the retake exam.

DETAILS OF ATTENDANCE POLICY:

The CR is responsible to bring attendance sheets from Student Affairs Office to each class. At the end of class, the attendance sheet must be signed and returned by the faculty member to the Student Affairs Office. No attendance sheets from students will be accepted.

These attendances will be compiled together as follows:

<u>LECTURE ATTENDANCE</u> = # Lectures Attended / Total # of Lectures

<u>PRACTICAL ATTENDANCE</u> = # Practical's Attended / Total # of practical

<u>TUTORIAL ATTENDANCE</u> = # Tutorials Attended / Total # of Tutorials

NOTE: All tutorials will be conducted by a Senior Faculty Member (AP or above), assisted by a Junior Faculty Member (Lecturer)

11

FINAL CLASS ATTENDANCE =

%Lecture Attendance + %Tutorial Attendance + %Practical Attendance

RECOMMENDED READING MATERIAL

Reference Books:

- Clinical Examination of Surgery by Norman Browse
- Short Practice of Surgery by Baily's and Love
- Washington Manual of Surgery
- Surgery on call

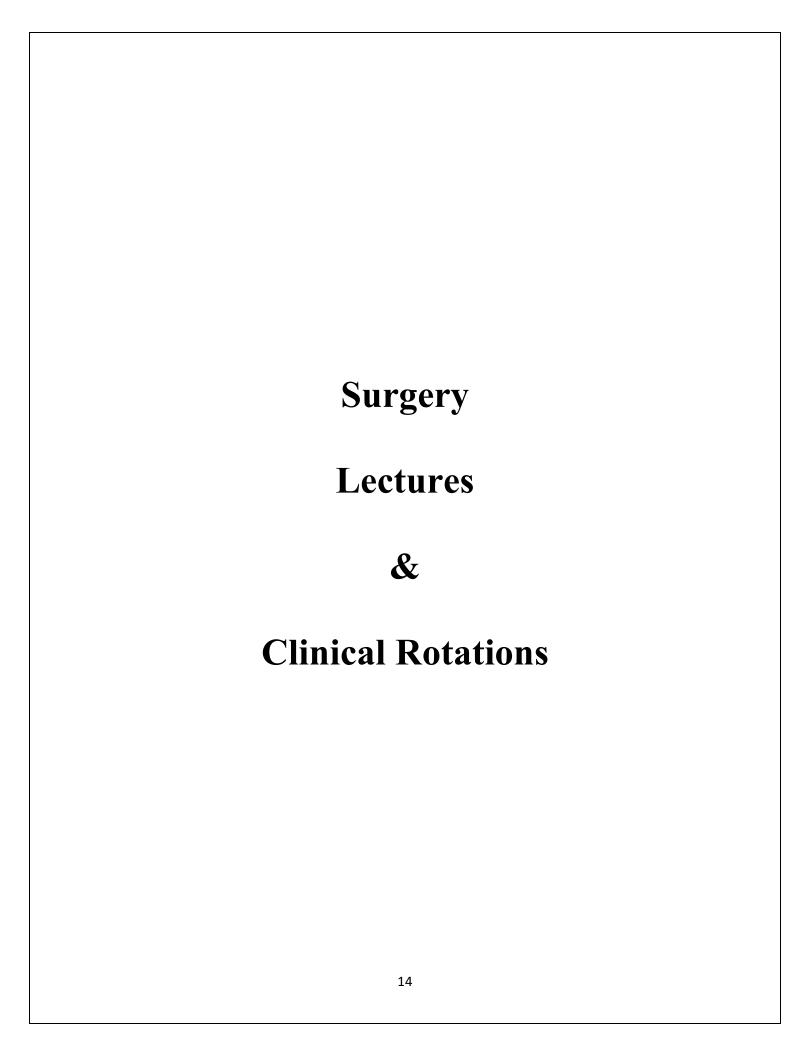
SURGERY

Organization

Time requirements: Clinical Medical Sciences

•	General Surgery	600
•	GIT & Hepatobiliary	
•	Urology	
•	Vascular Surgery	
•	Hernias	150
•	Traumas	
•	Burns	
•	Neurosurgery	50
•	Critical care	75
•	Orthopedics	100

Total = 975 hours



BASIC PRINCIPLES

Sr. No.	LEARNING OBJECTIVES At the end of the clinical rotation the students will be able to:	CONTENT AREA	LEARNING ACTIVITY (Duration)	ASSESSMENT
1.		METABOLIC RESPONSE TO SURGERY		
	 Explain: Classical concepts of homeostasis. Mediators of the metabolic response to injury. Physiological and biochemical changes that occur during injury and recovery. Changes in body composition that accompany surgical injury. Avoidable factors that compound the metabolic response to injury. Concepts behind optimal perioperative care. (K) 	 Basic concepts in homeostasis. Changes in body composition following injury. Avoidable factors that compound the response to injury. 	LGIS 50 mins	BCQs
2.		SHOCK AND BLOOD TRANSFUSION		
	 Describe: The pathophysiology of shock and ischemia reperfusion injury. The different patterns of shock and principles and priorities of resuscitation. Appropriate monitoring and end points of resuscitation. 		LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE

	 Use of blood and blood products, the benefits and risks of blood transfusion. (K) (S) (A) 			
3.		WOUNDS, HEALING AND TISSUE REPAIR		
	 Normal healing and how it can be adversely affected How to manage wounds of different types, of different structures and at different sites Aspects of disordered healing that lead to chronic wounds The variety of scars and their treatment How to differentiate between acute and chronic wounds (K) (S) (A) 	 Normal Wound Healing Normal healing in specific Tissues Abnormal Healing Types of Wounds – Tidy Versus Untidy Managing the Acute Wound Some Specific Wounds Chronic Wounds Necrotizing Soft- Tissue Infections Scars Avoidable Scarring 	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE
4.		TISSUE ENGINEERING AND REGENERATION		
	 Narrate: The potential opportunities afforded by tissue engineering and regenerative medicine The nature of stem cells, including somatic and adult Stem cells, embryonic stem cells, fetal stem cells and Induced pluripotent stem cells The role and range of scaffolds for tissue engineering The different approaches for seeding scaffolds and Bioreactor technology The main safety issues and current limitations to clinical application (K) (S) (A) 	 Opportunities The key areas of underpinning science Source of cells for tissue engineering Scaffolds for tissue engineering 	LGIS 50 mins + Demonstrations 30 mins	BCQs

5.		SURGICAL INFECTION		
6.		TROPICAL INFECTION AND INFESTATIONS		
	List: The common surgical infections and infestations that occur in the tropics report: That many patients do not seek medical help until late in the course of the disease because of socioeconomic reasons Describe: The emergency presentations of the various conditions, as patients may not seek treatment until they are very ill Diagnose and treat These conditions, particularly as emergencies for those patients with such an infection who are recently returned from the tropics report: That the ideal management involves a multidisciplinary approach between the surgeon, physician, radiologist, pathologist and microbiologist. In case of doubt, in a difficult situation, there should be no hesitation in seeking help from a specialist center. (K) (S) (A)	 Poliomyelitis Tropical Chronic Pancreatitis Tuberculosis Typhoid 	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE
7.		SKILLS AND ANASTOMOSES		
8.		PRINCIPLES OF LAPAROSCOPIC AND ROBOTIC SURGERY		

	Illustrate: • The principles of laparoscopic and robotic surgery • The advantages and disadvantages of such surgery • The safety issues and indications for laparoscopic and robotic surgery • The principles of postoperative care (K)	 Extent of Minimal Access Surgery Surgical Trauma in Open, Minimally Invasive and Robotic Surgery Limitations of Minimal Access Surgery Robotic Surgery Preoperative Evaluation Theatre Set Up and Tools General Intraoperative Principles Postoperative Care Discharge Form Hospital The Principles of Common Laparoscopic Procedures The Future 	LGIS 50 mins	BCQs
9.		PRINCIPLES OF PAEDIATRIC SURGERY		
10.		PRINCIPLES OF ONCOLOGY		
	Relate: • The biological nature of cancer • That treatment is only one component in the overall management of cancer • The principles of cancer prevention and early detection • The principles underlying nonsurgical treatments for cancer Portray: • The principles of cancer etiology and the major known causative factors	 What is Cancer? The Causes of Cancer The Management of Cancer Screening Diagnosis and Classification Principles of Cancer Surgery 	LGIS 50 mins	BCQs

	 The likely shape of future developments in cancer management The multidisciplinary management of cancer The distinction between palliative care and end-of-life care The principles of palliative care (K) 	 Principles Underlying the Non-Surgical Treatment of Cancer Radiotherapy Chemotherapy and Biological Therapies 		
11.		SURGICAL AUDIT AND RESEARCH		
	 Mark out: The planning and conduct of audit and research How to write up a project How to review a journal article and determine its value (K) 	 Audit and Service Evaluation Identifying A Research Topic Statistical Analysis Evidence-Based Surgery 	LGIS 50 mins	BCQs
12.		SURGICAL ETHICS AND LAW		
	 Express: The importance of autonomy in good surgical practice The moral and legal boundaries and practical difficulties of informed consent Good practice in making decisions about the withdrawal of life-sustaining treatment The importance and boundaries of confidentiality in surgical practice The importance of appropriate regulation in surgical research The importance of rigorous training and maintenance of good practice standards (K) 	 Introduction Respect for Autonomy Informed Consent Practical Application Matters of Life and Death Transplantation Maintaining Standards of Excellence 	LGIS 50 mins	BCQs

13.		HUMAN FACTORS, PATIENT SAFETY AND QUALITY IMPROVEMENT DIAGNOSTIC IMAGING		
	 The advantages of good working relationships and close collaboration with the imaging department in planning appropriate investigations The basic principles of radiation protection and know the law in relation to the use of ionizing radiation; The principles of different imaging techniques and their advantages and disadvantages in different clinical scenarios The role of imaging in directing treatment in various surgical scenarios. (K) (S) (A) 	Basic principles of imaging methods	LGIS 50 mins	BCQs + OSCE
15.		TISSUE AND MOLECULAR DIAGNOSIS		
	List: The value and limitations of tissue diagnosis How tissue samples are processed The role of histology and cytology	IntroductionTissue specimensHistologyCytologyFresh tissue	LGIS 50 mins + SGD 1 hour	BCQs

	Explicate: • The role of additional techniques used inclinical practice, including special stains, immunohistochemistry and molecular pathology • The principles of microscopic diagnosis, including the features of neoplasia • The importance of clinic-pathological correlation • Management issues (K)	 Frozen section specimen Cytology specimen Principles of Microscopic Diagnosis Diagnosis of malignancy Assessment Light microscopy Histological assessment Cytological assessment Screening Specimen adequacy 		
16.		PREOPERATIVE CARE INCLUDING THE HIGH- RISK SURGICAL PATIENT		
	 Illustrate: The organization of the preoperative care and the Operating list To understand preoperative preparation for surgery: Surgical, medical and anesthetic aspects of assessment How to optimize the patient's condition How to identify and optimize the patient at higher risk The importance of critical care in management How to take consent How to organize an operating list (K) (S) (A) 	 Introduction Patient assessment History taking Examination Examination specific to surgery Investigations Specific Preoperative Problems and management Cardiovascular disease Hypertension, ischemic heart disease (HID) and coronary stents Dysrhythmias Implanted pacemakers and cardiac defibrillators Valvular heart disease Anemia and blood transfusion Respiratory disease Gastrointestinal disease 	LGIS 50 mins + SGD 1 hour + Bedside Teaching 1 hour	BCQs + OSCE

		 Genitourinary disease Endocrine and metabolic disorders Coagulation disorders Neurological and psychiatric disorders Musculoskeletal disorders Airway assessment Preoperative assessment in emergency surgery Assessment of the High-Risk Patient Factors contributing to risk Management of risk Identification of the high-risk patient Optimization of the high-risk patient Minimizing the impact of surgery in the high-risk patient Consent 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
		Arranging Theatre list ANESTHESIA AND		
17.		PAIN RELIEF		
	 Specify: Techniques of anesthesia and airway maintenance Methods of providing pain relief Local and regional anesthesia techniques The management of chronic pain and pain from malignant disease (K) 	 Key principles of Anesthesia Preparation for Anesthesia General Anesthesia Regional Anesthesia Chronic pain management 	LGIS 50 mins	BCQs

18.		NUTRITION AND FLUID THERAPY		
	 Portray: The causes and consequences of malnutrition in the surgical patient Fluid and electrolyte requirements in the pre- and postoperative patient The nutritional requirements of surgical patients and the nutritional consequences of intestinal resection The different methods of providing nutritional support and their complications (k) (s) (a) 	Nutritional Assessment Laboratory techniques Body weight and anthropometry Fluid and Electrolytes Nutritional Requirements Fluid and Nutritional Consequences of Intestinal Resection Artificial Nutritional Support Parenteral Nutrition	LGIS 50 mins + CBD 60 mins	BCQs + OSCE
19.		POST-OPERATIVE CARE		
	 What is required to deliver immediate postoperative care What are the common postoperative problems seen in the immediate postoperative period? How to predict and prevent common postoperative complications. How to recognize and treat common postoperative complications The principles of enhanced recovery A system for discharging patients (k) (s) (a) 	 Immediate postoperative care Postoperative observations System-Specific Postoperative Complications Respiratory system Cardiovascular system Renal and Urinary system Central nervous system General Postoperative Complications Bleeding Deep vein thrombosis Pulmonary embolus Fever Wound dehiscence Surgery-Specific 	LGIS 50 mins + SGD 1 hour LGIS 50 mins + SGD 1 hour	BCQs + OSCE BCQs + OSCE

20.		Complications General Postoperative Problems and Management DAY CARE SURGERY		
20.	Relate: The concept of the day surgery pathway The importance of patient selection and preoperative assessment Basic principles of anesthesia for day surgery The spectrum of surgical procedures suitable for day surgery Postoperative management and discharge arrangements (K)	Day Surgery	LGIS 50 mins	BCQs
21.		TRAUMA		
	 Express The timeline concept in traumamanagement How to assess a trauma problem how to respond to a trauma problem How to select early total care and damage control surgical strategies (K) (S) (A) 	 Definition of Trauma The magnitude of the problem The management of Trauma The significance of time in the outcome Assessment and Response The assessment of trauma The Response of Trauma Local Protocols and Guidelines 	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE

22.		EARLY ASSESSMENT AND MANAGEMENT OF SEVERE TRAUMA		
	 To identify and assess the severely injured patient Early treatment goals for multiply injured patients Understand the role of permissive hypotension, tranexamic acid and massive transfusion protocols Understand the principles of damage control surgery (dcs) versus early total care (etc). (K) (S) (A) 	 Role of the trauma team Primary survey Secondary survey 	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE
23.		TRAUMATIC BRAIN INJURY		
	 Explain: The physiology of cerebral blood flow and the pathophysiology of raised intracranial pressure The classification and assessment of head injury Management and sequelae of minor and mild traumatic brain injury Medical and surgical management of moderate and severe traumatic brain injury (K) (S) (A) 		LGIS 50 mins + Demonstration 30 mins	BCQs + OSCE
24.		NECK AND SPINE		
	 Depict: The accurate assessment of spinal trauma The basic management of spinal trauma and the major pitfalls The pathophysiology and types of spinal cord injury 	 Anatomy of the Spine and Spinal cord Patient assessment Pertinent history Physical examination 	LGIS 50 mins	BCQs

25.	The prognosis of spinal cord injury, factors affecting functional outcome and common associated complications (K)	 Classification and management of spinal and spinal cord injuries Patho-physiology of spinal cord injury Rehabilitation and patient outcome TORSO TRAUMA 		
	 Explicate: That the management of trauma is based on physiology as well as anatomy (as in general surgery) The gross and surgical anatomy of the chest andabdomen The pathophysiology of torso injury The strength and weaknesses of clinical assessment in the injured patient The use of special investigations and their limitations The operative approaches to the thoracic cavity The special features of an emergency room thoracotomy for hemorrhage control The indications for and techniques of the trauma laparotomy The philosophy of damage control surgery The management of trauma to the pelvis. (K) (S) (A) 	 Thoracic injury Emergency Thoracic Surgery Abdominal injury The Pelvis Damage control 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
26.		SKIN AND SUBCUTANEOUS TISSUE		
	Explain:The structure and functional properties of skin	Functional Anatomy and physiology of skin		

27.	 The classification of vascular skin lesions The cutaneous manifestations of generalized disease as related to surgery The classification of benign skin tumors The management of malignant skin tumors (K) (S) (A) 	 Congenital/genetic disorders Cutaneous manifestations of generalized disease Infections Skin and soft tissue cysts Skin Tumors Benign lesions Premalignant lesions Malignant lesions Vascular lesions BURNS 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
	 Assess: The area and depth of burns Narrate: Methods of calculating the rate and quantity of fluids to be given Techniques for treating burns and the patient The pathophysiology of electrical and chemical burns (K) (S) (A) 	 The pathophysiology of burn injury Injury to the airway and lungs Immediate care of the burn patient Pre-hospital care Hospital care Assessment of the burn wound Fluid resuscitation Treating the burn wound Additional aspects of treating the burned patient Surgery for the acute burn wound Minor burns / Outpatient burns Non-Thermal burn injury 	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE

28.		PLASTIC AND RECONSTRUCTIVE SURGERY		
	 Classify: Spectrum of plastic surgical techniques used torestore bodily form and function relevant anatomy and physiology of tissues used in reconstruction Various skin grafts and how to use themappropriately Principles and use of flap Plastic surgery to manage difficult and complex tissue loss. (K) 	Classification The reconstructive toolbox Grafts Flaps Skin substitutes Tissue expansion Treatment and complications Split-thickness skin grafts Flaps Future Trends Vascularized composite allografting (VCA)	LGIS 50 mins	BCQs
29.		THE THYROID GLAND		
	 Explain: The development and anatomy of the thyroid gland The physiology and investigation of thyroid function to select appropriate investigations for thyroid swellings When to operate on a thyroid swelling thyroidectomy Risks and complications of thyroid surgery (K) (S) (A) 	 Surgical Anatomy Physiology Thyroid imaging Fine-needle aspiration cytology Thyroid enlargement Simple goiter HYPERTHYROIDISM Thyrotoxicosis Surgery for Thyrotoxicosis Neoplasms of the Thyroid Benign tumors Malignant tumors 	LGIS 50 mins + SGD 1 hour + Bedside Teaching 1 hour	BCQs + OSCE + DOPs

30.		 Surgical treatment for differentiated thyroid cancer THYROIDITIS Chronic lymphocytic (autoimmune thyroiditis) THE PARATHYROID 		
30.		GLANDS		
	 The anatomy of the parathyroid glands The physiology of calcium regulation The underlying causes of hypercalcemia and appropriate emergency management The etiology, presentation, investigation and management of primary hyperparathyroidism and associated special cases The etiology, presentation, investigation and management of secondary and territory hyperparathyroidism The etiology and management of parathyroid carcinoma. (K) (S) (A) 	 Familial syndromes MEN 1-associated hyperparathyroidism MEN 2-associated hyperparathyroidism 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE

31.		THE ADRENAL GLANDS AND OTHER ABDOMINAL ENDOCRINE DISORDERS		
	 The anatomy and function of the adrenal and other abdominal endocrine glands The diagnosis and management of these endocrine disorders The role of surgery in the management of these endocrine disorders (k) (s) (a) 	Adrenal Glands Anatomy Function of the adrenal glands Disorders of the adrenal cortex Primary hyperaldosteronism Conn's syndrome Cushing syndrome Adrenocortical carcinoma Congenital adrenal hyperplasia (adrenogenital syndrome) Adrenal insufficiency Disorders of the adrenal medulla and neural crest-derived tissue Malignant pheochromocytoma Surgery of the adrenal glands Pancreatic Endocrine Tumors Function of the endocrine pancreas Insulinoma Gastronome (Zollinger-Ellison syndrome) Non-functional endocrine pancreatic tumors Neuroendocrine Tumors of the stomach and small bowel	LGIS 50 mins + SGD 1 hour	BCQs + OSCE

		 Definition and physiology Pathology Neuroendocrine tumors of the stomach Neuroendocrine tumors of the small bowel Multiple Endocrine Neoplasia's Multiple endocrine neoplasia type 1 		
32.		BREAST		
	 Appropriate investigation of breast disease Breast anomalies and the complexity of benign breast disease The modern management of breast cancer (K) (S) (A) 	 Comparative and surgical anatomy Investigation of breast symptoms The Nipple Benign Breast Disease Congenital abnormalities Acute and sub-acute inflammations of the breast Aberrations of normal development and involution Breast Cyst Fibroadenoma Phyllodes tumor When the diagnosis of carcinoma is in doubt Risk of malignancy developing in association with benign breast pathology Carcinoma of the Breast Paget's disease of the nipple Staging of breast cancer Prognosis of breast cancer Prognosis of breast cancer 	LGIS 50 mins + SGD 1 hour + Bedside Teaching 1 hour	BCQs + OSCE + DOPs

		 Treatment of cancer of the breast Phenomena resulting from lymphatic obstruction in advanced breast cancer Breast reconstruction Familial breast cancer 		
33.		ARTERIAL DISORDERS		
	 Outline: The nature and associated features of the occlusive peripheral arterial disease The investigation and treatment options of occlusive peripheral arterial disease The principles of management of the severely ischemic limb The nature and presentation of peripheral aneurysmal disease, particularly of the abdominal aorta The investigation and treatment options for peripheral aneurysmal disease The arteritis and vasospastic disorder (K) (S) (A) 	 Arterial stenosis and occlusion Investigation of arterial occlusive disease Operations for arterial stenosis or occlusion Gangrene Acute arterial occlusion Acute limb ischemia Amputation Aneurysm Arteritis and Vasospastic conditions Thromboangitis obliterans (Berger's disease) Raynaud's disease 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
34.		VENOUS DISORDERS		
	 Express: Venous anatomy and the physiology of venous return The path-physiology of venous hypertension The clinical significance and management of superficial venous reflux The management of venous ulceration Venous thromboembolism 	 The anatomy of the venous system of the lower limb Venous path-physiology Varicose veins Venous leg ulcer Pelvic congestion syndrome 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE

	(K) (S) (A)	 Venous thromboembolism Congenital venous anomalies Venous entrapment syndromes Venous injury Venous Tumors 		
35.		LYMPHATIC DISORDERS		
	 The main functions of the lymphatic system The development of the lymphatic system various causes of limb swelling etiology, clinical features, investigations and treatment of lymphoedema. (K) (S) (A) 	 Anatomy and Physiology of the Lymphatic System Acute inflammation of the Lymphatics Lymphoedema Primary Lymphoedema Secondary Lymphoedema Investigation of Lymphoedema Management of Lymphoedema 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
	GIT & HI	EPATOBILIAR	Y TRACT	
36.		ABDOMINAL WALL, HERNIA AND UMBILICUS		
	Relate: Basic anatomy of the abdominal wall and its weaknesses Causes of abdominal hernia Types of hernia and classification	 The Abdominal Wall Basic anatomy and function related to pathology 	LGIS 50 mins	BCQs

f • () • 1 • 1 • () • ()	Clinical history and examination findings in hernia Complications of abdominal hernia Non-surgical and surgical management of hernia including mesh Complications of hernia surgery Other abdominal wall conditions (K) (S) (A)	 Abdominal hernia Anatomical causes of abdominal wall herniation Common principles in abdominal hernia Clinical history and diagnosis in hernia case Examination of hernia Investigation for hernia Management principles Surgical approaches to hernia 	SGD 1hour + Bedside Teaching 1 hour	BCQs + OSCE + Mini-CX + DOPs
		 Specific Hernia types 1-INGUINAL HERNIA Diagnosis of an inguinal hernia Management of inguinal hernia Complications of inguinal hernia 2-SPORTSMAN'S HERNIA 	LGIS 50 mins + DOPs + CBD	BCQs + OSCE
		3-FEMORAL HERNIADiagnosis of femoral hernia	LGIS 50 mins	BCQs
		 4-VENTRAL HERNIA 5-UMBILICAL HERNIA Umbilical hernia in children Umbilical hernia in adults 	LGIS 50 mins SGD 1 hour	BCQs + OSCE

	5 Ω:.	1
	50 mins	+
6-EPIGASTRIC HERNIA	+	OSCE
• Clinical features	SGD	+
Treatment	1 hour	Mini CX
		-
• Surgery		
7-INCISIONAL HERNIA		
Incidence and etiology	LGIS	
• Clinical features	50 mins	
	+	
	SGD	
Principles of Surgery	1 hour	
8-SPIGELIAN HERNIA	+	
	Bedside Teaching	BCQs
9-LUMBAR HERNIA		+
7-LUMBAK HERMA		OSCE
10-PARASTOMAL		
HERNIA	I OIC	
	LGIS	
11-TRAUMATIC HERNIA	50 mins	
12-RARE EXTERNAL		
HERNIAS		
		DCO-
Umbilical conditions in the		BCQs
Adult		+
• Chronic infection		OSCE
		+
Chronic fistula	LGIS	Mini-CX
	50 mins	MIIII CA
General infection of the	50 IIIIIS	
abdominal wall		
Synergistic gangrene		
Cutaneous fistula		
Abdominal		
compartment syndrome	LCIC	$\mathbf{p}_{\mathbf{C}}\mathbf{o}_{\mathbf{c}}$
	LGIS	BCQs
Neoplasms of the	50 mins	
abdominal wall		

37.		THE PERITONEUM, OMENTUM, MESENTERY AND RETROPERITIONEAL		
		SPACE		
	Explain:			
	 The causes and complications of localized and generalized peritonitis The clinical features of peritonitis and intraperitoneal abscess The principles of surgical management in patients with 	 Peritonitis Microbiology Localized peritonitis Diffuse peritonitis Clinical features Management 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
	 peritonitis and intraperitoneal The causes and Pathophysiology of ascites The pathophysiology and complications of adhesion formation 	 Special forms of Peritonitis Bile peritonitis Spontaneous bacterial peritonitis Tuberculous peritonitis 	LGIS 50 mins	BCQs
	 The spectrum of mesenteric and retroperitoneal conditions (k) (s) (a) 	Intraperitoneal Abscess Ascites • Pathophysiology • Clinical features	LGIS 50 mins	BCQs + OSCE
		Tumors of the peritoneum Primary tumors Secondary tumors	LGIS 50 mins	BCQs
		Adhesions • Pathophysiology	LGIS 50 mins	BCQs
		The omentum	LGIS	BCQs +
		The Mesentery IschemiaInflammation	50 mins	OSCE
		Mesenteric Cysts	LGIS 50 mins	BCQs +
		The retroperitoneal space • Retroperitoneal fibrosis		OSCE

38.		THE OESOPHAGUS		
	 Anatomy and physiology of the esophagus and their relationship to disease The clinical features, investigations and treatment of benign and malignant disease with particular reference to the common adult disease (K) (S) (A) 	 Symptoms Dysphagia Odynophagia Regurgitation and reflux Chest pain Investigations 	LGIS 50 mins + SGD 1 hour + Bedside Teaching 1 hour	BCQs + OSCE
		Perforation Barotrauma (spontaneous perforation, boerhaave's syndrome Penetrating injury Foreign bodies Instrumental perforation Treatment of Esophageal perforation	LGIS 50 mins SGD 1 hour + Bedside Teaching	BCQs + OSCE + Mini-CX
		Mallory-Weiss Syndrome Corrosive in injury	LGIS 50 mins	BCQs
		Gastro-Esophageal Reflux disease Clinical features Diagnosis	LGIS 50 mins	BCQs
		Barrett's esophagus (columnar lined lower esophagus	LGIS 50 mins + Bedside Teaching	BCQs + OSCE

Paraoesophageal (Rolling) Hiatus Hernia		
Neoplasms of the Esophagus • Benign tumors • Malignant tumors • Clinical features • Investigation	LGIS 50 mins LGIS 50 mins	BCQs BCQs
Treatment of malignant tumors • Principles		+ OSCE
Treatment of curative intent Two Phase	LGIS 50 mins	BCQs
Esophagectomy (abdomen and Right Chest, IVOR Lewis)	LGIS 50 mins	BCQs
Trans hiatal Esophagectomy (without Thoracotomy)	LGIS 50 mins	
Neoadjuvant Treatments with Surgery	LGIS 50 mins	
Non-surgical treatments		
Motility disorders and Diverticula • esophageal motility disorders		
AchalasiaTreatmentPneumatic Dilatation		

39.		STOMACH AND DUODENUM		
	to use in the investigation of patients with complaints relating to the stomach and duodenum The critical importance of gastritis and helicobacter pylori in upper gastrointestinal disease	 Physiology of the Stomach and duodenum 	LGIS 50 mins + SGD 1 hour LGIS 50 mins + Bedside Teaching	BCQs BCQs H Mini-CX
		 Stress gastritis PEPTIC ULCER DOUDENAL ULCERATION Gastric ulcers Malignancy in gastric ulcers Clinical features of peptic ulcers Clinical examination Surgical treatment of 	1 hour LGIS 50 mins + SGD 1 hour LGIS 50 mins + SGD	BCQs + Mini-CX BCQs + OSCE
		uncomplicated peptic ulceration The complications of peptic ulceration Hematemesis and Melaena Bleeding peptic ulcers Stress ulceration Gastric Outlet Obstruction Gastric polyps	LGIS 50 mins + SGD 1hour + Bedside Teaching 1 hour	BCQs + OSCE

		Gastric Cancer Incidence Etiology Clinical features Site Pathology Staging Lymphatic drainage of the stomach Total Gastrectomy Gastrointestinal Stromal Tumors Gastric Lymphoma Duodenal Tumors Benign duodenal tumors Duodenal adenocarcinoma Zollinger-Ellison syndrome Duodenal Obstruction	LGIS 50 mins	BCQs
40.		BARIATRIC AND METABOLIC SURGERY		
	 Depict: Severe and complex obesity is Rationale for surgery and the concept of metabolic surgery Eligibility and nice guidelines Multidisciplinary assessment The common operations and how they work How to assess and treat perioperative complications Follow-up nutritional supplements and biochemical monitoring (K) 	 Rationale Eligibility Principles of setting up a Bariatric/Metabolic 	LGIS 50 mins	BCQs

41.		THE LIVER		
	 Explain: The anatomy of the liver The signs of acute and chronic liver disease The investigation of liver disease The management of liver trauma The management of liver infections The management of colorectal liver metastases The management of hepatocellular carcinoma (k) (s) (a) 	 Anatomy of the Liver Ligaments and peritoneal reflections Liver blood supply Structures in the hilum of the liver Division of structures at the hilum Venous drainage of the liver Segmental anatomy of the liver Acute and Chronic Liver	LGIS 50 mins	BCQs
		 Disease Liver function and tests Acute liver failure Chronic liver disease Imaging the Liver	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
		 Ultrasound Liver Trauma General Diagnosis of liver injury Initial management of liver injuries 	LGIS 50 mins	BCQs
		1-Penetrating 2-Blunt trauma • The surgical approach to liver trauma Portal Hypertension	LGIS 50 mins	BCQs + OSCE
		 Management of bleeding varices Chronic Liver_Conditions Budd-Chiari syndrome Primary sclerosing cholangitis Primary biliary cirrhosis 	LGIS 50 mins + SGD 01 hour	BCQs

		 Carole's disease Liver Infections Ascending cholangitis Pyogenic liver abscess Liver Tumors Surgical approaches to resection of liver tumors Benign Liver Tumors Hemangiomas Colorectal liver metastases Hepatocellular carcinoma 	LGIS 50 mins LGIS 50 mins + SGD 1 hour + Beside Teaching 1 hour LGIS 50 mins	BCQs + OSCE + DOPs BCQs
42.		THE SPLEEN		,
	The functions of the spleen The common pathologies involving the spleen The principles and potential complications of splenectomy The potential advantages of laparoscopic splenectomy The benefits of splenic conservation	 Embryology, Anatomy_and Physiology Functions of the Spleen Investigation of the Spleen Congenital Abnormalities of the Spleen 	LGIS 50 mins LGIS 50 mins LGIS 50 mins	BCQs + OSCE

43.	The importance of prophylaxis against infection following splenectomy (K) (S) (A)	 Splenic Artery Aneurysm, Infarct and Rupture Splenomegaly and Hypersplenism Neoplasms Splenectomy Preoperative preparation Postoperative complications THE GALLBLADDER	SGD 1hour LGIS 50 mins	
43.		AND BILE DUCTS		
	 Depict: The anatomy and physiology of the gallbladder and bile ducts To be familiar with the pathophysiology and management of gallstones To be aware of unusual disorder of the biliary tree To be aware of malignant disease of the gallbladder and bile ducts (k) (s) (a) 	Surgical Anatomy and Physiology • Functions of the gallbladder Radiological investigation of the Biliary Tract Congenital Abnormalities of the Gallbladder and Bile ducts	LGIS 50 mins LGIS 50 mins LGIS 50 mins LGIS 50 mins + SGD 1 hour	BCQs BCQs + OSCE
		Extrahepatic Biliary Atresia • etiology and physiology • Clinical features • Differential diagnosis	LGIS 50 mins + SGD 1 hour + Bedside Teaching 1 hour	BCQs + OSCE + Mini-CX

Congenital Dilatation of the Intrahepatic Ducts (Caroli's disease) • Choledochal cyst • Trauma • Torsion of the Gallbladder • Gallstones (Cholelithiasis) Empyema of the Gallbladder	LGIS 50 mins SGD 1 hour	BCQs
The Cholecystoses (Cholesterics, Polyposis, Adenomyomas and Cholecystitis Glandular poriferans) Cholecystectomy • Laparoscopic cholecystectomy • Open cholecystectomy • Complications of cholecystectomy	LGIS 50 mins	BCQs
Choledochotomy Primary Sclerosing Cholangitis Parasitic infestation of the Biliary Tract	LGIS 50 mins	BCQs
 Tumors of the Bile Duct Benign tumors of the bile duct Malignant tumors of bile duct 		

44.		THE PANCREAS		
	 Narrate: The anatomy and physiology of the pancreas Investigations of the pancreas Congenital abnormalities of the pancreas Assessment and management of pancreatitis Diagnosis and treatment of 	Anatomy and Physiology Investigations Estimation of pancreatic enzymes in body fluids Imaging investigations	LGIS 50 mins	BCQs
	pancreatitis cancer (K) (S) (A)	 Congenital Abnormalities Cystic fibrosis Pancreas divisum Annular pancreas Ectopic pancreas 	LGIS 50 mins	BCQs
		Injuries to the Pancreas • External injury	LGIS 50 mins	BCQs
		Pancreatitis • Acute pancreatitis • Chronic pancreatitis	LGIS 50 mins + SGD 1 hour	
		Carcinoma of the pancreas • Surgical resection • Pancreatoduodenectomy	LGIS 50 mins + SGD 1 hour + Bedside	BCQs + OSCE
			Teaching 1 hour	BCQs + OSCE

45.		THE SMALL INTESTINE		
	Describe: • Basic anatomy and physiology of the small intestine • The range of conditions that may affect the small intestine (k)	Physiology of the small intestine	LGIS 50 mins	BCQs
	 The etiology and pathology of common small intestinal conditions The principles of investigation of small intestine symptoms The importance of non-surgical management of small intestinal problems The principles of small intestinal surgery That complex intestinal problems are best managed by a multidisciplinary team The management of acute surgical problems of the intestines (k) (s) (a) 	 Endoscopy Treatment 1-Medical Treatment 2-Surgery for Crohn's disease 	LGIS 50 mins + SGD 1 hour LGIS 50 mins	BCQs + OSCE
		Tumors of the small intestine • Benign • Malignant	LGIS 50 mins	BCQs
		Connective Tissue Disorders Vascular anomalies of the intestine Stomas Loop ileostomy End ileostomy	LGIS 50 mins	BCQs

AC		Stoma bags and appliances Complications of stomas Conditions causing Malabsorption Enterocutaneous Fistula Short Bowel Syndrome	LGIS 50 mins	BCQs + OSCE
46.		THE LARGE INTESTINE		
	 Explain: The basic anatomy and physiology of the large intestine The range of conditions that may affect the large intestine (k) 	Anatomy of the large intestine Physiology of the large intestine	LGIS 50 mins	BCQs
	 Narrate: The etiology and pathology of common large intestinal conditions The principles of investigation of large intestine symptoms The importance of non-surgical management of large intestinal problems The principles of colonic surgery That complex intestinal problems are best managed by a multidisciplinary team The management of acute surgical problems of the intestines (k) (s) (a) 	2-Aetiology 3-Pathology 4-Spread 5- Staging colon cancer 6-Investigation of colon	LGIS 50 mins + SGD 1 hour + Bedside Teaching 1 hour	BCQs + OSCE + Mini-CX
	(1) (3) (4)	Inflammatory dowel disease Ulcerative colitis Cancer risk of colitis Investigations	LGIS 50 mins	BCQs

		Infections of the large intestine Intestinal amoebiasis Salmonellosis, Typhoid and paratyphoid Human immunodeficiency virus (HIV) Colonic diverticula Colonoscopy	LGIS 50 mins	BCQs
		Vascular Anomalies of the Intestine • Angiodysplasia • Ischemic colitis	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
		 Colostomies Loop colostomy End colostomy Complications of stomas 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
		Functional AbnormalitiesConstipationIrritable bowel syndrome	LGIS 50 mins	BCQs
47.		INTESTINAL OBSTRUCTION		
	 Detail: The pathophysiology of dynamic and a dynamic intestinal obstruction The cardinal features on history and examination The causes of small and large bowel obstruction 	Pathophysiology Strangulation Closed loop obstruction	LGIS 50 mins + SGD 1 hour + Bedside	BCQs + Mini-CX

The indications of surgery and other treatment options in bowel obstruction (K) (S) (A)	Special types of mechanical intestinal obstruction Internal hernia Obstruction form enteric structure Bolus obstruction Obstruction by adhesions and bands 1-Adhesions 2-Laparoscopic technique 3-Acute intussusception 4-Volvulus	Teaching 1 hour LGIS 50 mins	BCQs
	Clinical features of Intestinal Obstruction Dynamic obstruction Constipation Other manifestations Clinical features of intussusception Imaging	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE
	Treatment of acute intestinal obstruction Treatment of adhesions Acute intestinal	LGIS 50 mins + SGD 1 hour	BCQs + OSCE
	obstruction of the newborn Treatment of acute large bowel obstruction	LGIS 50 mins	BCQs
	Treatment of caecal volvulus Treatment of sigmoid volvulus Chronic large bowel obstruction	LGIS 50 mins	BCQs

		A dynamic ObstructionParalytic ileus		
48.		THE VERMIFORM APPENDIX		
	Explain:	THI DIVIDIA		
	 The etiology and surgical anatomy of acute appendicitis The clinical signs and differential diagnosis of appendicitis The investigation of suspected appendicitis Evolving concepts in management of acute appendicitis Basic surgical techniques, both open and laparoscopic The management of postoperative problems Tumors of the appendix and pseudomyxoma peritonei (K) (S) (A) 	Anatomy Acute Appendicitis Etiology Pathology Clinical diagnosis Special features, according to position of the appendix Special features, according to age Differential diagnosis Investigation Treatment Postoperative complications Recurrent Acute Appendicitis Neoplasms of the Appendix and Pseudomyxoma Peritonei Carcinoid tumor (synonym: argentaffinoma) Epithelial tumors of the appendix	LGIS 50 mins + SGD 1 hour + CBD 30 mins LGIS 50 mins	BCQs + OSCE + Mini-CX BCQs
49.		THE RECTUM		
	 Explain: The anatomy of the rectum and its relationship to surgical disease and its treatment The pathology, clinical presentation, investigation, 	Surgical anatomyEmbryologyBlood supplyVenous drainage	LGIS 50 mins + SGD 1 hour	BCQs

	differential diamenia and			
	differential diagnosis and			
	treatment of diseases that affect			
	the rectum	Clinical features of	COD	DCO
		Rectal disease	SGD	BCQs
•	11111 1111 1111 1111 1111 1111 1111 111	 Symptoms 	1 hour	+
	common and can present with	• Signs	+	OSCE
	symptoms similar to benign	• Injuries	Bedside Teaching	
	disease with careful evaluation.	 Diagnosis 	+	
	The principals involved in the	Treatment	Demonstrations	
	management of rectal pathologies		30 mins	
	(k) (s) (a)	Foreign bodies in the		
		Rectum		
		Prolapse		
		Mucosal prolapse	LGIS	BCQs
		1- In adults	50 mins	
		1- III adults	+	
		Full-thickness prolapse	SGD	
		run-unckness prolapse	1 hour	
		Rectal Evacuation		
		disorder, Rectal		
		Intussusception and		
		Solitary Rectal Ulcer		
		Syndrome (SRUS)		
		• Proctitis		
		 Rectal Polyps 		
		 Polyps relevant to 	LGIS	
		rectum	50 mins	
			30 111113	
		Benign Rectal Lesions		
		• Endometrioma		
		Hemangioma		
		Neuroendocrine tumors	LCIC	DCO.
			LGIS	BCQs
		Carcinomas	50 mins	+
		• Pathogenesis	+	OSCE
		1 amogenesis	SGD	
		Types of seveinems	1 hour	
		Types of carcinoma	+	
		spread	CBD	
		Stages of mus	1 hour	
		Stages of progression		
		Treatment		
		Treatment		

50.		THE ANUS AND ANAL CANAL		
	Describe: • The anatomy of the anus and anal canal and their relationship to surgical disease and its treatment • The pathology, clinical presentation, investigation, differential diagnosis and treatment of disease that affect	 Anatomy and Physiology Surgical anatomy Anal canal anatomy The epithelium and subepithelial structures Blood supply Venous drainage Lymphatic drainage 	LGIS 50 mins + SGD 1 hour + Bedside Teaching I hour	BCQs + OSCE
	 the anus and anal canal That anal disease is common and its treatment tends to be conservative, although surgery may be required That any damage to the anus, including too aggressive on 	 Examination of the Anus Digital examination with the index finger Proctoscopy Sigmoidoscopy 	Demonstrations 30 mins	Mini-CX + DOPS
	inappropriate surgery, may render the patient permanently disabled. (K) (S) (A)	Physiological aspects of the Anal sphincters and Pelvic floor and special investigations Congenital abnormalities Postanal dermoid Pilonidal sinus	LGIS 50 mins	BCQs
		 Anal incontinence Etiology Operations to reunite divided sphincter muscles Operations to augment the anal sphincters 	LGIS 50 mins	BCQs
		 Anal Fissure Definition Clinical features Treatment Lateral anal sphincterotomy Hemorrhoids External hemorrhoids 	Bedside Teaching 1 hour	BCQs + Mini-CX

An •	norectal Abscesses Etiology Presentation Management	Bedside Teaching 1 hour	BCQs + Mini-CX
•	Etiology Presentation Classification Special investigations Surgical management	LGIS 50 mins + Bedside Teaching 1 hour	BCQs + OSCE
Su Co (A) An Ne No - A Ma	dradenitis appurativa ondyloma Acuminate nal Warts) nal Intraepithelial coplasia on-Malignant strictures Anal Stenosis alignant Tumors Malignant lesions of the anus and anal canal	LGIS 50 mins + SGD 1 hour	BCQs + OSCE

		UROLOGY	
51.		URINARY SYMPTOMS AND INVESTIGATION	
	Illustrate: • The significance of Pain, Lower urinary tract	Symptoms • Pain	

	symptoms and Hematuria relating to urinary tract pathology The difference between renal pain and ureteric colic The definitions of common lower urinary tract symptoms Hematological and radiological diagnostic tests of urinary tract disease (K)	 Lower urinary tract symptoms Hematuria Renal and ureteric pain Renal colic Ureteric colic Lower Urinary tract Symptoms Frequency Urgency + Urge incontinence Nocturia Hesitancy Straining Incomplete void Reduced stream Stress incontinence Diagnostic tests Creatinine PSA Urine DR Urine culture and sensitivity Ultra sound X ray CT scan Function scan 	LGIS 50 mins	BCQs + OSCE
52.		KIDNEYS AND URETER		
	Express: Recognize the pathophysiology, sign & symptoms and management of urinary tract stone formation Important renal neoplasms and their presentation, sign and symptoms, diagnosis, staging and treatment. (k)	Urinary tract Stone Etiology Definition Pathophysiology Clinical features Investigation Management Open surgery Endoscopic Percutaneous Nephro-lithotomy Shock wave lithotripsy Renal Neoplasm Etiology	LGIS 50 mins	BCQs + OSCE

53.		 Staging TNM classification Grading Para neoplastic syndrome Investigation Treatment Radical Nephrectomy Medical Therapies THE URINARY BLADDER 		
	Mark out: • The different types of bladder cancer, Etiology, sign and symptoms, investigation, staging and the principles of management (K)	Bladder Neoplasm Etiology Staging TNM classification Grading Clinical Features Investigation Treatment -Non-Muscle invasive -Endoscopic -Medical treatment -Muscle invasive -Open surgery	LGIS 50 mins	BCQs + OSCE
54.		THE PROSTATE AND SEMINAL VESICLES		
	Depict: • The relationship of anatomical structure and biochemical function to the development investigation and treatment of benign and malignant disease of the prostate (K)	Benign Etiology Clinical features investigation Medical management Surgical management Open surgery Endoscopic surgery Malignant Etiology Staging TNM classification Grading Clinical Features Investigation	LGIS 50 mins	BCQs + OSCE

		 Treatment Non-metastatic Surgical treatment Medical treatment Metastatic Medical Management 		
55.		THE URETHRA		
	Describe: • The etiology, sign and symptoms, investigation and management of urethral stricture (k)	 Definition Causes Clinical features Investigation Treatment Endoscopic Open surgery 	LGIS 50 mins	BCQs + OSCE
56.		THE TESTIS AND SCROTUM		
	Recognize: • And manage testicular torsion • And manage the common scrotal swellings (varicocele, hydrocoele and epididymal cysts) And manage testicular tumors (K)	Testicular torsion - Pathophysiology - Clinical features - Investigation - Management -conservative -Surgical Scrotal Swellings - Pathophysiology - Clinical features - Investigations - Surgical Management - Conservative management Testicular Tumor - Etiology - Staging TNM classification - Grading - Clinical Features - Investigation - Treatment Surgical Medical	LGIS 50 mins	BCQs + OSCE

57.		FOLEYS CATHETERIZATION		
	 Explain: The anatomy of urethra with relation to catheterization The indication and contraindication of catheterization How to identify and arrange equipment for catheterization to demonstrate safe insertion of foleys catheter How to safely remove foleys catheter (S) (A)	 Urethra Anatomy Indication of catheterization Contraindication of catheterization Equipment Varying sizes Foleys catheter Lubricating gel Distal water Urine bag 10 cc syringe Anatomically safe insertion of a Foleys catheter insertion per urethra 	Demonstrations 30 mins	OSCE + DOPS

		ORTHOPEDIC		
58.		FRACTURE		
	• Classify the different types fractures (K)(S) (A)	of Classification the different types of fractures	LGIS 50 min	BCQs + OSCE
	Describe the specific types fractures (hip fractures, Collis' fracture, pelvic fractures)	 Specific types of fractures (hip fractures, Collis' fracture, pelvic fractures) General principles of 	LGIS 50 min	
	Discuss the general princip of management of fracture	oles management of fractures.	SGD	
	Describe the therapeutic measures for different fractures, principles of	different fractures, principles of fracture treatment in children and	1 hour	

59.	fracture treatment in children and common complications of fractures. • Discuss the management of fractures and the principles of fracture fixation. (K)	 common complications of fractures. Management of fractures and the principles of fracture fixation. 	LGIS 50 min SGD 1 hour	
39.		MUSCULOSKELETAL DISEASE		
	Describe: • The clinical features, laboratory tests, and imaging of the following musculoskeletal diseases: i. Rheumatoid arthritis ii. Seronegative spondyloarthropathies iii. Systemic lupus erythematous iv. Osteoarthritis and osteoporosis v. Achondroplasia vi. Osteogenesis imperfect vii. Osteomyelitis viii. Paget's disease (osteitis deforms) ix. Bone tumors x. Duchene muscular Dystrophy xi. Myotonic dystrophy Develop a treatment plan for osteoporosis (K) (S) (A)	 Clinical Features Laboratory tests and Imaging 	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE
60.		TRAUMA		
	Describe the sequence of evaluation of a trauma patient	Sequence of evaluation of a trauma patient	LGIS 50 min	BCQs + OSCE
	Describe the criteria for a triage of a trauma patient	 Criteria for a triage of a trauma patient Rapid assessment of a patient with spinal trauma 	LGIS 50 min	

	 Describe the rapid assessment of a patient with spinal trauma Describe the etiology, pathophysiology, and the appropriate management of patients with spinal cord injury. Develop a plan for diagnosis and treatment of patients with torso trauma Classify criteria of pelvic fractures and associated complications. (K) Describe the mechanisms, assessment and management of maxilla-facial injuries (K) 	 Etiology, pathophysiology, and the appropriate management of patients with spinal cord injury. Diagnosis and treatment of patients with torso trauma Mechanisms, assessment and management of maxilla-facial injuries 	LGIS 50 min LGIS 50 min + SGD 1 hour LGIS 50 min	
61.	 Identify the most common conditions causing back pain Develop a plan for diagnosis and management of non-traumatic neck and back problems (K)(S)(A) 	BACK PAIN Most common conditions causing back pain Diagnosis and management of nontraumatic neck and back problems	LGIS 50 min	BCQs + OSCE
62.	 Correlate the pathological findings of bone tumors with their clinical presentation Justify the diagnosis, investigations and treatment plans for primary bone tumors (K) (S) (A) 	 BONE TUMORS Pathological findings of bone tumors with their clinical presentation Diagnosis, investigations and treatment plans for primary bone tumors 	LGIS 50 min	BCQs + OSCE

	NEUROSURGERY				
63.		INTRODUCTION OF NEURO CRITICAL CARE			
	 Define Neuro critical care Classify Neuro critical care Discuss the investigations related to Neuro critical care (K) 	 Neuro critical care Classification of Neuro critical care Investigations related to Neuro critical care 	LGIS 50 min	BCQs	
64.		CONGENITAL DISORDERS OF CNS: NEURAL TUBE DEFECTS			
	 Define Neural tube defects List the causes of Neural tube defects classify Neural tube defects list the investigations related to neural tube defect Discuss the clinical features & complications of neural tube defect Discuss the management plan of neural tube defect (K) 	 Neural tube defects Causes of Neural tube defects Classification of Neural tube defects Investigations related to neural tube defect Clinical features & complications of neural tube defect Management plan of neural tube defect 	LGIS 50 min	BCQs	
65.		HYDROCEPHALUS & ITS MANAGEMENT			
	 Define Hydrocephalus List common symptoms and signs of acute hydrocephalus in children. List common symptoms and signs of normal pressure hydrocephalus in adults. Define communicating and non-communicating hydrocephalus Describe the differences in the treatments (K) (S) (A) 	 Hydrocephalus Common symptoms and signs of acute hydrocephalus in children. Common symptoms and signs of normal pressure hydrocephalus in adults. Definition of communicating and noncommunicating hydrocephalus Differences in treatments 	LGIS 50 mins + Demonstrations 30 mins	BCQs + OSCE	

66.		TRAUMATIC SPINAL CORD INJURY		
	Describe the initial assessment of a patient with head injury (K) (S) (A)	Initial assessment of a patient with head injury	LGIS 50mins - Demonstrations 30 mins	BCQs + OSCE
67.		RAISED INTRA CRANIAL PRESSURE (ICP)		
	 Identify the symptoms and signs of raised ICP Describe the evaluation of a patient with raised ICP with reference to Space Occupying Lesion (SOL) (K) (S) (A) 	 Symptoms and signs of raised ICP Evaluation of a patient with raised ICP with reference to Space Occupying Lesion (SOL) 	LGIS 50 mins + SGD 1 hour + PBL	BCQs + OSCE
68.		BRAIN TUMORS		
	 Define brain tumors Classify brain tumors List the causes & clinical features of brain tumors Name the investigations related to brain tumors Discuss the management plan & complications of brain tumors (K) (S) (A) 	 Brain tumors Classification of brain tumors Causes & clinical features of brain tumors Investigations related to brain tumors Management plan & complications of brain tumors 	LGIS 50 mins + SGD	BCQs + OSCE
69.		SPINAL TUMORS		
	 Define spinal tumors Classify spinal tumors List the causes & clinical features of spinal tumors Name the investigations related to spinal tumors Discuss the management plan & complications of spinal tumors (K)(S) (A) 	 Spinal tumors Classification of spinal tumors Causes & clinical features of spinal tumors Investigations related to spinal tumors Management plan & complications of spinal tumors 	LGIS 50 mins + SGD 1 hour	BCQs + OSCE

Case Based Learning (CBL)

• CBLs will be conducted in this module

Learning Tool	Theme	Case Scenario
CBL 1	Arthritis	40 years old, house wife presented with pain in small joints of hands and wrists for last 04 weeks. There is history of morning stiffness. Pain temporarily relieves on taking NSAIDS. There is no co-morbidity. There is occasional pain in neck and both knees off and on.
CBL 2	Dislocations	A twenty-two years young man presented in ER with history of fall on outstretched hand, and complaining of, severe pain and inability to move the right shoulder since injury. He has no Neuro-Vascular deficit in the affected limb.
CBL 3	Pain Abdomen	A 25-year-old male, training for the past month for an upcoming cricket match in July, presents to ER with sudden onset of agonizing pain in the right loin radiating to the groin. The patient tells you that the pain started as dull ache in the right flank and it's steadily increasing in intensity and has continued unabated for the past 2 hours.

Learning Resources:

The students will be guided to look for the relevant study material from the books, internet guided by each discipline in the study guide in their relevant section in addition to other reference books from the college library.

MEDICAL EDUCATION LECTURES / WORKSHOP

S.NO	Learning Objectives (domain) At the end of session, student will be able to:	Content Areas	Teaching Activity (Duration)	Assessment
1.	How to do Educational Planning (S)	Educational Planning	Workshop 3 Hours	_
2.	Writing Educational Objectives (How, What, Why) (S)	Educational Objectives	Workshop 3 Hours	
3.	Develop OSPE/OSCE stations (S)	OSPE/OSCE Development	Workshop 3 Hours	_
4.	How to do students engagement and Teaching methodologies (S)	Student Engagement & Teaching Methodologies	Workshop 3 Hours	
5.	Prepare TOS and Assessment Planning (S)	TOS and Assessment planning	Workshop 3 Hours	

TIME TABL	
64	

Jinnah Medical & Dental College MBBS Final Year 2025 - Batch 24

Starting Date: February 03, 2025 (Revised April 14, 2025) Lecture Venue: Dr. Mumtazuddin Haider Auditorium

	9:00-9:50	9:55-10:45		2:00-3:00	3:30 pm – 9:00 am	
MON	MEDICINE	SURGERY	CLINICS 11:00-1:30 (Medicare 11:30-2:00)	2:00-3:00 CLINICAL TUTORIAL	NIGHT DUTY As Per Department Schedule	
TUES	PEDIATRICS	SURGERY	CLINICS 11:00-1:30 (Medicare 11:30-2:00)	2:00-3:00 CLINICAL TUTORIAL	3:00-4:30 CLINICAL WARD DUTIES	NIGHT DUTY As Per Department Schedule
WED	GYNECOLOGY	MEDICINE	CLINICS 11:00-1:30 (Medicare 11:30-2:00)	2:00-3:00 CLINICAL TUTORIAL	3:00-4:30 CLINICAL WARD DUTIES	NIGHT DUTY As Per Department Schedule
THUR	CLINICAL PATHOLOGY CONFERENCE	PEDIATRICS	CLINICS 11:00-1:30 (Medicare 11:30-2:00)	2:00-3:00 CLINICAL TUTORIAL	3:00-4:30 CLINICAL WARD DUTIES	NIGHT DUTY As Per Department Schedule
FRI	OBSTETRICS	SURGERY	CLINICS 11:00-1:30 (Medicare 11:30-2:00)	SELF STUDY PRAYER	2:00-4:00 CLINICAL WARD DUTIES	NIGHT DUTY As Per Department Schedule
SAT	MEDICINE	DEPARTMENT JOURNAL CLUB	CLINICS 11:00-1:30 (Medicare 11:30-2:00)	SELF STUDY	NIGHT DI As Per Depai Schedul	tment

BUS FOR MEDICARE CLINICAL ROTATIONS LEAVES KORANGI 11:00 AM SHARP
NIGHT DUTY AT MEDICARE WILL START AT 3:30 PM
HALF AN HOUR LUNCH BREAK WILL BE GIVEN FROM 3:00PM TO 3:30PM BEFORE STARTING OF NIGHT DUTY
FOR ASR PRAYERS 15:00 MINUTES TIME WILL BE ALLOWED FOR NIGHT DUTY STUDENTS

END of Clinical Rotation	
Surgery Test Theory Surgery Test OSCE	
66	