

Jinnah Medical & Dental College
MBBS 2 (Batch 28) - 2026
HEAD & NECK MODULE – WEEK 1

Venue: LH 002

MON Feb 9	9:00-9:50 ANATOMY Introduction to H&N, Skull Bones Dr. Baqir	9:55-10:45 BIOCHEMISTRY Introduction Nutrition Dr. Rubina	11:15-12:05 ANATOMY Scalp Nerve & Blood Supply Dr. Nadia	12:10-1:00 PAKISTAN STUDIES Mr. Zahid Ali 1	LUNCH	SELF STUDY / EXTRA CURRICULAR ACTIVITIES	1:30-3:00 ANATOMY DEMONSTRATION Norma Frontalis, Verticalis, Fontanelles & Clinical Correlation ABC-LH001-Dr. Noman DEF-LH002-Dr. Haider
TUES Feb 10	9:00-9:50 ANATOMY Face (Muscles, Arteries, Veins & Lymphatics; Platysma) Dr. Nadia	9:55-10:45 BIOCHEMISTRY Nutritional Importance of Dietary Carbohydrates Dr. Shahid	11:15-12:05 ANATOMY Development of Pharyngeal Arches & Derivatives Dr. Baqir	12:10-1:00 BIOCHEMISTRY Nutritional Importance of Dietary Proteins Dr. Naveed	LUNCH		1:30-3:00 ANATOMY DEMONSTRATION Mandible ABC-LH001-Dr. Zehra DEF-LH002-Dr. Sahrish
WED Feb 11	9:00-10:30 ANATOMY DEMONSTRATION Models & 3D Virtual Dissection ABC-Dissection Hall – Dr. Noman DEF-Histology Lab – Dr. Haider		11:15-12:05 ANATOMY Face Nerve Supply Dr. Meesam	12:10-1:00 ANATOMY Development of Pharyngeal Pouches, Clefts & Congenital Anomalies Dr. Baqir	LUNCH		1:30-3:00 ANATOMY DEMONSTRATION Orbital Cavity & Contents ABC-LH002-Dr. Sahrish D: BC Lab-Biochemistry Tutorial 1 E: Histo Lab-Anatomy Tutorial 1 F: LH001-Anatomy Tutorial 1
THURS Feb 12	9:00-9:50 ANATOMY Face Development & Anomalies Dr. Meesam	9:55-10:45 ANATOMY Parotid Gland & Region Dr. Baqir	11:15-12:45 JOURNAL CLUB Dr. Alina LH002		LUNCH		1:30-3:00 ANATOMY DEMONSTRATION Orbital Cavity & Contents DEF-LH002-Dr. Marvi A: BC Lab-Biochemistry Tutorial 1 B: LH001-Biochemistry Tutorial 1 C: Histo Lab-Anatomy Tutorial 1
FRI Feb 13	9:00-10:30 ANATOMY DEMONSTRATION Norma Lateralis & Occipitalis ABC-Dissection Hall-Dr. Haider D: AM1-Anatomy Tutorial 1 E: TR1-Biochemistry Tutorial 1 F: TR2- Biochemistry Tutorial 1		11:00-12:30 ANATOMY DEMONSTRATION Norma Lateralis & Occipitalis DEF-Dissection Hall-Dr. Noman A: AM1-Anatomy Tutorial 1 B: AM2- Anatomy Tutorial 1 C: TR2- Biochemistry Tutorial 1		PRAYER		2:00-3:00 SELF STUDY

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HEAD & NECK MODULE – WEEK 2

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MON Feb 16	9:00-9:50 ANATOMY TMJ & Mandibular Nerve Dr. Meesam		10:15-11:45 ANATOMY DEMONSTRATION Norma Basalis ABC-Histology Lab-Dr. Noman DEF-Dissection Hall-Dr. Haider	12:00-1:00 PAKISTAN STUDIES Mr. Zahid Ali 2	LUNCH	SELF STUDY / EXTRA CURRICULAR ACTIVITIES	1:30-3:00 ANATOMY DEMONSTRATION Temporal & Infratemporal Fossa & Contents ABC-LH002-Dr. Nadia DEF-Histology Lab-Dr. Sahrish
TUES Feb 17	9:00-9:50 ANATOMY Oral Cavity & Tongue & Clinical Correlates Dr. Sahrish		10:15-1:00 COMMUNICATION SKILLS WORKSHOP 1 Dr. Aneel Kumar LH002		LUNCH		1:30-3:00 ANATOMY DEMONSTRATION Hard & Soft Palate ABC-Dissection Hall-Dr. Nadia DEF- Histology Lab-Dr. Zehra
WED Feb 18	9:00-9:50 ANATOMY Tongue & Salivary Gland Development Dr. Meesam	9:55-10:45 ANATOMY Palate Development Dr. Baqir		11:15-12:45 JOURNAL CLUB Dr. Alina LH002	LUNCH		1:30-3:00 ANATOMY DEMONSTRATION Models & 3D Virtual Dissection ABC-Dissection Hall-Dr. Zehra DEF-Histology Lab-Dr. Haider
THURS Feb 19	9:00-9:50 ANATOMY Pterygopalatine Fossa, Ganglion & Maxillary Nerve Dr. Baqir		10:15-1:00 COMMUNICATION SKILLS WORKSHOP 2 Dr. Aneel Kumar LH002				1:30-3:00 SELF STUDY
FRI Feb 20	9:00-10:30 ANATOMY DEMONSTRATION Cervical Vertebrae & Hyoid Bone DEF-Dissection Hall-Dr. Haider A: AM1-Anatomy Tutorial 2 B: TR1-Biochemistry Tutorial 2 C: TR2- Biochemistry Tutorial 2		11:00-12:30 ANATOMY DEMONSTRATION Cervical Vertebrae & Hyoid Bone ABC-Dissection Hall-Dr. Noman D: AM1-Anatomy Tutorial 2 E: TR1-Biochemistry Tutorial 2 F: TR2- Biochemistry Tutorial 2			PRAYER	1:30-3:00 SELF STUDY

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HEAD & NECK MODULE – WEEK 3

Venue: LH002

MON Feb 23	9:00-10:30 BIOCHEMISTRY PRACTICAL BMI / Nutritional Indices-Dr. Sakina DEF-Biochemistry Lab A: TR1-Biochemistry Tutorial 2 B:AM1-Anatomy Tutorial 2 C:AM2-Anatomy Tutorial 2		10:45-12:15 BIOCHEMISTRY PRACTICAL BMI / Nutritional Indices-Dr. Sakina ABC-Biochemistry Lab D: TR1-Biochemistry Tutorial 2 E:AM1-Anatomy Tutorial 2 F:AM2-Anatomy Tutorial 2		12:20-1:10 PAKISTAN STUDIES Mr. Zahid Ali 3	SELF STUDY / EXTRA CURRICULAR ACTIVITIES	1:30-3:00 SELF STUDY
TUES Feb 24	9:00-9:50 ANATOMY Oral Cavity & Tongue Histology Dr. Meesam	9:55-10:45 BEHAVIORAL SCIENCES Cognitive Development I Mrs. Debra	11:00-11:50 ANATOMY Neck, Deep Cervical Fascia & Carotid Sheath Dr. Nadia		12:00-1:30 ANATOMY DEMONSTRATION Models & 3D Virtual Dissection ABC-Dissection Hall-Dr. Haider DEF- Histology Lab-Dr. Zehra		SELF STUDY
WED Feb 25	9:00-9:50 ANATOMY Neck Muscles: Supra & Infrahyoid, Trapezius, Sternocleidomastoid Dr. Sahrish	9:55-10:45 BIOCHEMISTRY Nutritional Importance of Dietary Lipids Dr. Shaista	11:00-11:50 ANATOMY Posterior Neck Triangle Dr. Meesam		12:00-1:30 JOURNAL CLUB Dr. Alina LH002		SELF STUDY
THURS Feb 26	9:00-9:50 ANATOMY Cervical Plexus & Prevertebral Region Dr. Sahrish	9:55-10:45 ANATOMY Muscle Neck Back & Suboccipital Triangle Dr. Nadia	11:00-12:30 DEMONSTRATION Anterior Neck Triangle ABC-Histology Lab-Dr. Sarish DEF-Dissection Hall-Dr. Zehra		12:40-1:30 ANATOMY Head & Neck Major Blood Vessels & Lymphatic Drainage Dr. Marvi		SELF STUDY
FRI Feb 27	9:00-9:50 ANATOMY Histology Salivary Glands Dr. Meesam	9:55-10:45 BEHAVIORAL SCIENCES Cognitive Development II Mrs. Debra	11:00-11:50 ANATOMY Pharynx Including Tonsils Dr. Sahrish	12:00-12:50 ANATOMY Larynx Dr. Sahrish	SELF STUDY		PRAYER BREAK

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HEAD & NECK MODULE – WEEK 4

Venue: LH002

MON Mar 2	9:00-10:30 BIOCHEMISTRY PRACTICAL Glycemic Index Interpretation DEF-Biochemistry Lab-Dr. Hashma A: TR1-Biochemistry Tutorial 3 B:AM1-Anatomy Tutorial 3 C:AM2-Anatomy Tutorial 3		10:45-12:15 ANATOMY DEMONSTRATION Models & 3D Virtual Dissection ABC-Dissection Hall-Dr. Noman D: AM1-Anatomy Tutorial 3 E: TR1-Biochemistry Tutorial 3 F: TR2-Biochemistry Tutorial 3	12:20-1:10 PAKISTAN STUDIES Mr. Zahid Ali 4	SELF STUDY / EXTRA CURRICULAR ACTIVITIES	SELF STUDY
TUES Mar 3	9:00-10:30 BIOCHEMISTRY PRACTICAL Glycemic Index Interpretation ABC-Biochemistry Lab-Dr. Hashma D: TR1-Biochemistry Tutorial 3 E:AM1-Anatomy Tutorial 3 F:AM2-Anatomy Tutorial 3		10:45-11:35 ANATOMY Submandibular Region & Gland Dr. Sahrish	12:00-1:30 ANATOMY DEMONSTRATION Models & 3D Virtual Dissection DEF-Dissection Hall-Dr. Haider A:AM2-Anatomy Tutorial 3 B: TR4-Biochemistry Tutorial 3 C: TR5-Biochemistry Tutorial 3		SELF STUDY
WED Mar 4	9:00-9:50 ANATOMY Thyroid & Parathyroid Gland Dr. Meesam	9:55-10:45 BIOCHEMISTRY Overview of Dietary Minerals Dr. Rubina	11:00-11:50 ANATOMY Thyroid, Parathyroid, Larynx & Thymus Development Dr. Nadia	12:00-1:30 JOURNAL CLUB Dr. Alina LH002		SELF STUDY
THURS Mar 5	9:00-9:50 ANATOMY Extra Cranial Course CN 3, 4 & 6 Dr. Meesam	9:55-10:45 BEHAVIORAL SCIENCES Language Development I Mrs. Debra	11:00-11:50 ANATOMY Extra Cranial Course CN 5 & 10 Dr. Sahrish	12:00-1:30 ANATOMY PRACTICAL Histology Tongue & Salivary Glands DEF-Histology Lab ANATOMY DEMONSTRATION Head & Neck Surface Anatomy (Facial Artery & Parotid Gland) ABC-Dissection Hall		SELF STUDY
FRI Mar 6	9:00-9:50 ANATOMY Extra Cranial Course CN 7 & 9 Dr. Baqir	9:55-10:45 ANATOMY Extra Cranial Course CN 11 & 12 Dr. Nadia	11:00-12:30 ANATOMY PRACTICAL Histology Tongue & Salivary Glands ABC-Histology Lab ANATOMY DEMONSTRATION Head & Neck Surface Anatomy (Facial Artery & Parotid Gland) DEF-Dissection Hall	SELF STUDY		PRAYER BREAK
HEAD & NECK MODULE TEST – March 9-10, 2026						