

**RESEARCH STUDY GUIDE**  
**2<sup>ND</sup> YEAR BDS**

<b>STUDY GUIDE</b>	
<b>PROGRAM</b>	<b>BDS 2<sup>nd</sup> Year</b>
<b>COURSE TITLE</b>	<b>RESEARCH METHODOLOGY</b>
<b>TIME</b>	<b>12:15 PM-1:15 PM</b>
<b>INTRODUCTION</b>	This course offers knowledge and skill in planning, conducting and writing research to students. It provides them with not only information but also opportunities for team work and hands-on practice in research.
<b>RATIONALE</b>	This course has been added to the BDS program since Jinnah Sindh Medical University is firmly committed to the propagation of high-quality research and also because it believes that all practitioners must have competence in research.
<b>OUTCOMES</b>	By the end of the course, students will be able to submit a research manuscript to the concerned department such that the research work may be published in at least a local journal

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	<b>TOPICS</b>	<b>PRACTICALS</b>	<b>FACULTY</b>	<b>DATE</b>
1.	<p><b>Importance of Research in Health</b></p> <ul style="list-style-type: none"> <li>• Discuss the importance of research in health care provision</li> <li>• Identify the problems related to health in the community</li> </ul> <p><b>Writing background and rationale of study</b></p> <ul style="list-style-type: none"> <li>• Explain the importance and characteristics of a scientifically acceptable background and rationale of the study</li> <li>• Write the background which should lead to the rationale for the study</li> </ul>	<p><b>Importance of Research in Health</b></p> <ul style="list-style-type: none"> <li>• Identify research problems</li> </ul> <p><b>Writing background and rationale of study</b></p> <ul style="list-style-type: none"> <li>• Write the background which should lead to the rationale for the study</li> </ul>	Dr. Rooha	13-2-25
2.	<p><b>Writing Research Objectives, Inclusion and Exclusion Criteria and Operational Definitions</b></p>		Dr. Rooha	20-2-25
3.	<p><b>How to Formulate a Research Question</b></p> <ul style="list-style-type: none"> <li>• Formulate scientifically correct research questions</li> </ul> <p><b>Hypothesis, its types and Errors in Hypothesis Testing</b></p> <ul style="list-style-type: none"> <li>• Classify hypotheses</li> <li>• Explain types of errors in hypothesis testing</li> <li>• Discuss how these errors can be prevented</li> </ul>	<p><b>How to Formulate a Research Question</b></p> <ul style="list-style-type: none"> <li>• Form a research question</li> </ul>	Dr. Junaid	27-2-25
4.	<p><b>How to Perform Literature Search</b></p> <ul style="list-style-type: none"> <li>• Describe the terminology and Boolean Search</li> <li>• List the common search engines</li> <li>• List the steps of effective and efficient literature search</li> </ul>	<p><b>How to Perform Literature Search</b></p> <ul style="list-style-type: none"> <li>• Perform literature search by using Boolean Search</li> </ul>	Dr. Marium	6-3-25

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5.	<b>Basic Study Designs</b> <ul style="list-style-type: none"> <li>Explain the basic study designs used in research</li> <li>Justify the selection of study designs for their own research questions</li> </ul>		Dr. M. Mohsin	13-3-25
6.	<b>Types of data</b> <ul style="list-style-type: none"> <li>Discuss types of variables and data</li> <li>Identify the main variables and the data types in their research projects</li> </ul> <b>SPSS Software</b> <ul style="list-style-type: none"> <li>Define SPSS</li> <li>Different window views of SPSS</li> <li>Discuss the uses of SPSS</li> <li>Enter data in SPSS</li> </ul>	<b>Data Entry</b> <ul style="list-style-type: none"> <li>Enter data in SPSS and Excel (if and where needed)</li> </ul> <b>Data Analysis</b> <ul style="list-style-type: none"> <li>Use a statistical package (SPSS) for entering data and analysis</li> </ul>	Dr. M. Mohsin	20-3-25
7.	<b>Basic concepts of Descriptive statistics</b> <ul style="list-style-type: none"> <li>Calculate relevant measures of central tendency and dispersion by using SPSS</li> </ul>	<b>Basic concepts of Descriptive statistics</b> <ul style="list-style-type: none"> <li>Calculate relevant measures of central tendency and dispersion by using SPSS</li> </ul> <b>Summarizing scale data:</b> <ul style="list-style-type: none"> <li>Measure of central tendency and dispersion</li> </ul>	Dr. M. Mohsin	10-4-25

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8.	<p><b>Designing a Questionnaire</b></p> <ul style="list-style-type: none"> <li>• Discuss steps of developing and using a questionnaire</li> <li>• Define validation and the most common methods of questionnaire validation</li> </ul> <p><b>Data Collection</b></p> <ul style="list-style-type: none"> <li>• Discuss various methods of data collection along with their advantages and disadvantages</li> <li>• Collect data by using the data collection instrument within the given timeline</li> </ul>	<p><b>Designing a Questionnaire</b></p> <ul style="list-style-type: none"> <li>• Design a questionnaire for their project, based on scientific principles</li> </ul> <p><b>Data Collection Procedure</b></p> <ul style="list-style-type: none"> <li>• Write a comprehensive data collection procedure section for their research project synopses and the research manuscripts</li> <li>• Collect data by using the data collection instrument within the given timeline</li> </ul>	Dr. Marium	24-4-25
9.	<p><b>Estimating Sample Size</b></p> <ul style="list-style-type: none"> <li>• Describe the importance and methods of calculating sample size</li> <li>• Calculate sample size based on prescribed guidelines</li> <li>• Justify sample size for their research project</li> <li>• Demonstrate the use of appropriate software for sample size estimation</li> </ul> <p><b>Sampling Techniques</b></p> <ul style="list-style-type: none"> <li>• Discuss various common sampling techniques</li> <li>• Justify the selection of sampling technique for their project</li> </ul>	<p><b>Estimating Sample Size</b></p> <ul style="list-style-type: none"> <li>• Calculate sample size based on prescribed guidelines</li> <li>• Justify sample size for their research project</li> <li>• Demonstrate the use of appropriate software for sample size estimation</li> </ul>	Dr. Sadia	8-5-25
10.	<p><b>Basic concepts of inferential statistics</b></p> <ul style="list-style-type: none"> <li>• Describe the usage and importance of inferential tests (i.e. One sample T-Test, Paired t-test, independent t-test, chi-square and other non-parametric tests)</li> </ul>	<p><b>Basic concepts of inferential statistics</b></p> <ul style="list-style-type: none"> <li>• Justify the selection of inferential tests for testing their hypotheses</li> <li>• Assess normality of data</li> <li>• Test the hypotheses by the selected inferential test/s by using SPSS</li> </ul>	Dr. Sadia	22-5-25

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	<ul style="list-style-type: none"> <li>Justify the selection of inferential tests for testing their hypotheses</li> <li>Define confidence interval and its usage</li> <li>Describe the importance of p-value</li> </ul>	<ul style="list-style-type: none"> <li>Display and summarize data sets in their projects</li> <li>Interpret findings of data analysis</li> <li>Interpret p-value/s where necessary in the results</li> <li>Calculate Confidence Interval for means and proportions</li> <li><b>Summarizing and displaying categorical data: frequency tables and graphs</b></li> <li><b>Displaying scale data and the concept of normal and skewed distribution</b></li> </ul>		
11.	<b>Writing Plan of Analysis</b>	<b>Plan of Analysis</b>	Dr Sadia	5-6-25
12.	<b>Developing Tables</b> <ul style="list-style-type: none"> <li>Describe how and why to develop tables and graphs</li> <li>Develop relevant tables and graphs for data summarization</li> </ul>	<b>Developing Tables</b> <ul style="list-style-type: none"> <li>Describe how and why to develop tables and graphs</li> <li>Develop relevant tables and graphs for data summarization</li> </ul>	Dr. Sadia	19-6-25
13.	<b>Writing Results. Limitations &amp; Discussion sections</b> <ul style="list-style-type: none"> <li>Discuss the principles of writing results, limitations and discussion sections</li> </ul> <b>Threats to validity</b> <ul style="list-style-type: none"> <li>Identify threats to internal and external validity in their projects</li> </ul>	<b>Writing Results. Limitations &amp; Discussion sections</b> <ul style="list-style-type: none"> <li>Write results, discussion, limitations and conclusion sections for the manuscript based on prescribed guidelines</li> </ul>	Dr. Rooha	3-7-25
14.	<b>Ethical Considerations in Research</b> <ul style="list-style-type: none"> <li>Discuss ethical principles relevant to research</li> <li>Write down the ethical consideration section for the synopsis and manuscript (e.g. confidentiality and anonymity)</li> <li>Take informed written consent (where applicable) for their project</li> </ul>		Dr. Rooha	17-7-25

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	<p><b>Guidelines on filling IRB forms.</b></p> <p><b>Project Timeline and Budget</b> <b>Developing a Budget and Gantt Chart for Research Proposal</b></p> <ul style="list-style-type: none"><li>• Develop a Budget and Gantt Chart for Research Proposal</li></ul>		
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**Workshops to be conducted:**

- SPSS
- Endnote (Referencing tool)
- Descriptive & Inferential statistics

**Recommended books:**

Research Methodology:

- *Creswell, John W. Research design: Qualitative, quantitative, and mixed methods approaches/John W. Creswell.—3rd ed*

Biostatistics:

- **Kuzma** Basic Statistics for the Health Sciences 5th Edition